

One Mile Walk

Veteran Men

Pos	Number	Last Name	First Name	Age	Club	Time
	1	379 Barnard	Philip	40	Ilford AC	07:36.4
	2	312 Bennett	Stuart	66	Ilford AC	09:10.8
	3	383 Harle	Colin	65 - 69	Belgrave	09:21.9
	4	179 Allen	Steve	66	Ilford AC	10:06.2
	5	210 Maskell	Richard	48	City of Southend-on-Sea Athletic Club	10:13.5
	6	129 Taylor	John	69	Brentwood Beagles Athletics Club	10:24.8
	7	300 Palmer	Keith	59	City of Southend On Sea AC	10:28.1
	8	319 Borgars	John	78	Herts Phoenix AC	10:33.7
	9	387 O'Rawe	Alan	M80	Unattached	12:26.8
	10	188 Ainsworth	David	76	Ilford AC	13:48.2

Veteran Women

Pos	Number	Last Name	First Name	Age	Club	Time
	1	384 Dyos	Emma	W45	Brentwood	08:44.9
	2	112 Mountford	Linda	58	Unattached	09:57.8
	3	44 McTeer	Kirsten	49	Central Park Athletics	10:49.4
	4	386 Brown	Sarah	W45	Colchester & Tendering	10:58.3
	5	389 Palmer	Emma	W50	City of Southend on Sea	12:35.9
	6	388 Fox	Selina	W38	City of Southend on Sea	13:57.6
	7	385 Mountford	Val	W79	Unattached	14:16.8
	8	-	-	-	-	
	9	-	-	-	-	
	10	-	-	-	-	

U13B

Pos	Number	Last Name	First Name	Age	Club	Time
	1	45 McTeer	Rowan	11	Central Park Athletics	10:22.3
	2	-	-	-	-	
	3	-	-	-	-	
	4	-	-	-	-	
	5	-	-	-	-	
	6	-	-	-	-	
	7	-	-	-	-	
	8	-	-	-	-	
	9	-	-	-	-	
	10	-	-	-	-	

U17W

Pos	Number	Last Name	First Name	Age	Club	Time
	1	285 Heaton	Tilly	15	Castle Point Joggers	10:40.5
	2	-	-	-	-	
	3	-	-	-	-	
	4	-	-	-	-	
	5	-	-	-	-	
	6	-	-	-	-	
	7	-	-	-	-	
	8	-	-	-	-	
	9	-	-	-	-	
	10	-	-	-	-	

U15G

Pos	Number	Last Name	First Name	Age	Club	Time
	1	198 Hawkins	Katie	14	Brentwood Beagles Athletics Clu	11:31.7
	2	-	-	-	-	
	3	-	-	-	-	
	4	-	-	-	-	
	5	-	-	-	-	
	6	-	-	-	-	
	7	-	-	-	-	
	8	-	-	-	-	
	9	-	-	-	-	
	10	-	-	-	-	

50m U11 Year 1 and 2

U9 Boys Heat 1						Wind	
Pos	Number	Last Name	First Name	Age	Club	Time	
1	6	Brown	Leo	6	SS Athletics	9.93	
2	3	Awoyode	Joseph	5	Unattached	10.13	
3	187	Harvey	Conor	5	City of Southend On Sea AC	10.54	
4	109	Silvain	Toby	6	Unattached	10.91	
5	46	O'Kill	Arthur	6	City of Southend On Sea AC	11.67	
6	21	Druce	Reuben	5	City of Southend On Sea AC	12.24	
7	71	Young	Harvey	5	SS Athletics	16.48	
8	-	-	-	-	-		
9	-	-	-	-	-		
10	-	-	-	-	-		

U9 Girls						Wind	
Pos	Number	Last Name	First Name	Age	Club	Time	
1	10	Brewington	Freya	5	Brentwood Beagles Athletics Club	NO TIME	
2	16	Ngala	Meghan	5	Unattached	NO TIME	
3	322	Abrahams	Sadie	5	City of Southend-on-Sea Athletic Club	NO TIME	
4	200	Clark-Abdul	Ophelia	5	City of Southend-on-Sea Athletic Club	NO TIME	
5	47	O'Kill	Scarlett	5	City of Southend On Sea AC	NO TIME	
6	-	-	-	-	-		
7	-	-	-	-	-		
8	-	-	-	-	-		
9	-	-	-	-	-		
10	-	-	-	-	-		

U9 Boys Heat 2						Wind	
Pos	Number	Last Name	First Name	Age	Club	Time	
1	135	Hoyte	Amari	6	Brentwood Beagles Athletics Club	9.87	
2	91	Richardson	Alfie	6	SS Athletics	9.94	
3	228	Fraser-Johnson	Tyson	6	City of Southend-on-Sea Athletic Clut	10.69	
4	122	Chittock	Harry	6	City of Southend On Sea AC	10.81	
5	351	Brazier	Ben	6	SS Athletics	11.77	
6	259	Murali	Adithan	6	City of Southend On Sea AC	11.84	
7	-	-	-	-	-		
8	-	-	-	-	-		
9	-	-	-	-	-		
10	-	-	-	-	-		

U9 Girls						Wind	
Pos	Number	Last Name	First Name	Age	Club	Time	
1	32	Jones	Zara	6	Young Athletes Club	10.48	
2	278	Care	Poppy	6	SS Athletics	10.62	
3	30	Lon	Imogen	6	Unattached	10.94	
4	110	William	Isabella	6	City of Southend On Sea AC	11.22	
5	274	Mathe	Ayana	6	Unattached	11.90	
6	-	-	-	-	-		
7	-	-	-	-	-		
8	-	-	-	-	-		
9	-	-	-	-	-		
10	-	-	-	-	-		

60m U11 Year 1 and 2

U11 Boys						
Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	68	Adenodi	Ethan	8	SS Athletics	10.94
2	313	Vaughan	Brody	7	SS Athletics	11.21
3	174	Patel	Krish Leo Jay	7	Brentwood Beagles Athletics Club	11.35
4	167	Njogu	Geoffrey	7	Unattached	12.00
5	245	Nedkov	Robbie	7	Unattached	12.08
6	237	Neary	Woody	7	SS Athletics	12.62
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

U11 Girls						
Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	83	Wenn	Olivia	7	SS Athletics	12.09
2	336	Smith	Willow	7	Brentwood Beagles Athletics Club	12.30
3	224	Emery	Eden	7	Unattached	13.18
4	102	Hallahan	Nainsi	7	Unattached	13.45
5	221	Grimes	Penelope	7	SS Athletics	13.62
6	199	Clark-Abdul	Vivienne	7	City of Southend-on-Sea Athletic Club	14.00
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

U11 Boys						
Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	33	Boyle	Ethan	8	Unattached	10.21
2	242	Khan	Muhammad	8	City of Southend On Sea AC	10.72
3	277	Care	George	8	SS Athletics	10.85
4	206	Glenn-James	Theo	8	City of Southend-on-Sea Athletic Club	10.87
5	267	Tubman	Tristan	8	City of Southend On Sea AC	11.54
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

U11 Girls						
Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	156	Rayner	Frankie	8	Herts Phoenix AC	10.21
2	7	Ngala	Mya	7	Brentwood Beagles Athletics Club	10.48
3	185	Dixon	Everly	8	SS Athletics	10.70
4	363	Gosling	Elise	8	Brentwood Beagles Athletics Club	10.70
5	69	Adenodi	Esther	8	SS Athletics	10.93
6	50	Nti-Jackson	Serena	7	SS Athletics	11.06
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

75m U11 Year 3,4 & 5

U11 Boys Heat 1						-4.6
Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	304	Cole	Tyatt	9	City of Southend On Sea AC	12.24
2	292	Smith	Alex	9	Brentwood Beagles Athletics Club	12.49
3	314	Jackson	Joshua	9	City of Southend-on-Sea Athletic Clu	12.87
4	307	Balisson	Nathan	9	City of Southend On Sea AC	13.40
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U11 Boys Heat 2						
Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	84	Brazier	James	9	SS Athletics	12.24
2	162	Birnie	Jack	9	Benfleet RC	12.57
3	168	Blomfield	Jack	9	SS Athletics	12.77
4	88	Stammers	Rafael	9	Unattached	13.22
5	124	McKeeganey	Zach	9	SS Athletics	13.34
6	80	Cottee	Nathan	9	Brentwood Beagles Athletics Club	13.37
7	131	Fox	Hari	9	Unattached	15.47
8	-	-	-	-	-	-

U11 Boys Heat 3						
Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	326	Kerr	Raheim	10	SS Athletics	11.30
2	252	Jones	Oliver	10	Brentwood Beagles Athletics Club	12.65
3	33	Boygile	Ethan	8	Unattached	12.74
4	232	Davis	Raymond	10	SS Athletics	12.92
5	298	Hickey	Leo	9	City of Southend On Sea AC	13.00
6	320	Cottee	Owen	10	Brentwood Beagles Athletics Club	13.36
7	377	M Kelly	Olly	10	Ipswich Jaffa RC	14.81
8	-	-	-	-	-	-

U11 Boys Heat 4						
Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	123	Holmes	Stanley	10	SS Athletics	12.00
2	93	Hollidge	Eli	10	SS Athletics	12.06
3	178	Schofield	Milo	10	SS Athletics	12.53
4	172	Lupton	Joseph	10	SS Athletics	12.57
5	212	Sibanda	Malachi	10	SS Athletics	12.68
6	280	Lawton Lloyd	Dylan	9	SS Athletics	12.74
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U11 Girls Heat 1						
Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	134	Perry	Elsie	9	SS Athletics	13.04
2	111	Brook	Edith	9	SS Athletics	13.07
3	75	Webb	Beatrice	9	SS Athletics	13.44
4	166	Njogu	Keziah	9	SS Athletics	13.77
5	81	Abdelruhman	Hannah	9	SS Athletics	14.77
6	74	Canter	Esme-Ann	9	SS Athletics	14.79
7	2	Awoyode	Grace	9	Unattached	16.30
8	-	-	-	-	-	-

U11 Girls Heat 2						-2.3
Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	310	Lewis	Emily	9	City of Southend On Sea AC	12.18
2	243	Garwood	Ella-Rose	9	SS Athletics	12.96
3	223	Emery	Isla	9	Benfleet RC	13.00
4	339	Williams	Tilly	9	SS Athletics	13.04
5	265	Hatt	Jessica	9	SS Athletics	13.44
6	220	Grimes	Poppy	9	SS Athletics	13.47
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U11 Girls Heat 3						
Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	149	Lyttle	Sofia	10	Colchester & Tendring AC	11.59
2	49	Nti-Jackson	Danielle	10	SS Athletics	12.07
3	66	Hay	Bonnie	10	SS Athletics	12.31
4	15	Ekerin	Temitope	10	Unattached	13.21
5	171	Lupton	Hollie	10	SS Athletics	13.55
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U11 Girls Heat 4						
Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	321	Rowles	Clara	10	City of Southend On Sea AC	12.30
2	325	Ncube	Ruvarashe	10	City of Southend-on-Sea Athletic Club	12.68
3	368	Howard	Chloe-Anne	10	SS Athletics	12.71
4	255	Nedkov	Rosie	10	SS Athletics	14.58
5	306	Khan	Zaeemah	10	City of Southend On Sea AC	14.77
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

100m

U13 Boys Heat 1

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	40	Cheetham	Max	11	Brentwood Beagles Athletics Club	14.29
2	160	Phillips-Front	Dylan	11	SS Athletics	15.44
3	248	Rumsby	Noah	11	SS Athletics	15.50
4	163	Birnie	Ryan	11	SS Athletics	15.65
5	158	Lipscombe	Jude	11	SS Athletics	15.93
6	126	Fahmy	Seif	11	SS Athletics	16.51
7	269	Frisby-Bright	Ethan	11	Haverhill Running Club	16.87
8	70	Adenodi	Caleb	11	SS Athletics	17.10

U13 Girls Heat 1

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	77	Oladele	Davina	11	Thurrock Harriers	14.43
2	151	Radley	Lucia	11	SS Athletics	14.81
3	1	Awayode	Maria Oreolu	11	Aldershot Farnham & District	15.48
4	101	Hallahan	Ivy-Rose	11	Colchester & Tendring AC	15.56
5	117	Harris	Rose	11	SS Athletics	16.44
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U13 Boys Heat 2

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	119	Petherbridge	Zac	12	SS Athletics	13.10
2	65	Hay	Logan	12	SS Athletics	13.10
3	118	Petherbridge	Finn	12	SS Athletics	14.19
4	52	Stone	Bradley	12	Hillingdon AC	14.63
5	79	Cottee	Matthew	12	Brentwood Beagles Athletics Club	15.78
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U13 Girls Heat 2

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	276	Martell-Smith	Lacey	11	Colchester Harriers AC	14.55
2	283	Freese	Zara	11	SS Athletics	14.72
3	315	Turner	Amelia-Rose	11	SS Athletics	15.60
4	262	Chikandwa	Aiyana	11	Unattached	16.02
5	323	Higgins	Anna	11	SS Athletics	16.22
6	266	Tubman	Ciara	11	City of Southend On Sea AC	16.33
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U13 Boys Heat 3

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	369	Cordell	Dylan	12	SS Athletics	13.50
2	137	Hoyte	Kairhys	12	Brentwood Beagles Athletics Club	14.29
3	157	Tricker	Aiden	12	SS Athletics	14.44
4	329	Keenan	Xavier	12	SS Athletics	14.65
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U13 Girls Heat 3

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	11	Frisby	Emma	12	City of Southend On Sea AC	13.47
2	229	Taylor	Scarlett	12	Aldershot Farnham & District	13.57
3	138	Marshment	Bella	12	Herts Phoenix AC	14.16
4	303	Bucci	Kai	12	SS Athletics	14.30
5	136	Hoyte	Dolci	12	Brentwood Beagles Athletics Club	14.45
6	22	Amadin	Amenze	12	City of Southend On Sea AC	14.86
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U13 Girls Heat 4

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	78	Simpson	Kylin	12	Aldershot Farnham & District	13.90
2	99	Bozorgi	Dina	12	Watford Harriers	14.59
3	249	Boamah	Bria	12	Herts Phoenix AC	15.19
4	120	Demello	Scarlett	12	SS Athletics	15.19
5	309	Sandell	Anais	12	SS Athletics	16.07
6	67	Tasneem	Evie	12	Basildon AC	16.16
7	-	-	-	-	-	-

U15 Boys Heat 1

Pos	Number	Last Name	First Name	Age	Wind Club	-5.1 Time
1	145	Bates	Finn	14	Colchester & Tendring AC	12.51
2	374	Mendoza	Daniel	14	City of Southend On Sea AC	13.20
3	263	Thompson	George	13	City of Southend On Sea AC	13.28
4	63	Hill	George	13	City of Southend On Sea AC	13.32
5	356	Bajela	Isaac	14	City of Southend On Sea AC	13.84
6	247	Kelly	Alfie	13	Ipswich Jaffa RC	13.87
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U15 Girls Heat 1

Pos	Number	Last Name	First Name	Age	Wind Club	-5.4 Time
1	27	Boygale	Evie	13	City of Southend On Sea AC	13.36
2	222	Oakley	Pixie	13	City of Southend On Sea AC	13.78
3	215	Hawkins	Nicole	14	Brentwood Beagles Athletics Club	13.92
4	170	Turner	Lola	13	SS Athletics	14.47
5	305	Bucci	Keiki	14	SS Athletics	14.66
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U15 Boys Heat 2

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	-	-	-	-	-	-
2	-	-	-	-	-	-
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U15 Girls Heat 2

Pos	Number	Last Name	First Name	Age	Wind Club	-4.3 Time
1	202	Newton	Alba	13	City of Southend On Sea AC	15.13
2	54	Rushworth	Annalise	13	Windsor Slough Eton & Hounslow AC	15.15
3	191	Moss	Cherri	13	Chelmsford AC	15.25
4	64	McCart	Harriet	14	Ipswich Jaffa RC	15.31
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U17 Men

Pos	Number	Last Name	First Name	Age	Wind Club	-3.6 Time
1	331	Adeosun	Maxwell	15	Havering AC	11.86
2	353	Whiteley	Jerome	15	City of Southend On Sea AC	12.09
3	256	Jaimon	Thomas	15	SS Athletics	13.02
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U17 Women

Pos	Number	Last Name	First Name	Age	Wind Club	-1.6 Time
1	20	Frisby	Erin	15	City of Southend On Sea AC	13.25
2	-	-	-	-	-	-
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U20 Men

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	14	Ekerin	Tobi	18	Basildon AC	11.63
2	371	Okenla	Kinyo	17	Basildon AC	12.40
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

Senior Women

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	128	Staines	Victoria	27	City of Southend On Sea AC	13.87
2	231	Hopper	Laura	23	London City Runners	16.48
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

Senior Men						
Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	342	Berrett	Louis	22	Havering AC	12.19
2	-	-	-	-	-	-
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

Veteran Women						
Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	352	Hill	Deborah	53	Fordy Runs Running Club	16.85
2	345	Donnelly	Linda	66	City of Southend On Sea AC	20.50
3	295	Matthews-Smit	Marion	69	City of Southend On Sea AC	23.01
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

Veteran Men						
Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	146	Carter	Stuart	50	Brentwood Beagles Athletics Club	13.35
2	113	Browne	Dr John	71	Marshall Milton Keynes AC	14.02
3	209	William	Bernard	35	JBR Run and Tri Club	14.27
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

120m**U9 Boys Heat 1**

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	7	Ngala	Mya	7	Brentwood Beagles Athletics Club	15.49.48.15
2	313	Vaughan	Brody	7	SS Athletics	15.49.48.67
3	258	Cain	George	8	City of Southend On Sea AC	15.49.48.70
4	242	Khan	Muhammad	8	City of Southend On Sea AC	15.49.49
5	68	Adenodi	Ethan	8	SS Athletics	15.49.52
6	245	Nedkov	Robbie	7	Unattached	15.49.53.75
7	167	Njogu	Geoffrey	7	Unattached	15.49.53.75
8	-	-	-	-	-	-

U9 Girls Heat 1

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	156	Rayner	Frankie	8	Herts Phoenix AC	15.43.21
2	363	Gosling	Elise	8	Brentwood Beagles Athletics Club	15.43.22
3	69	Adenodi	Esther	8	SS Athletics	15.43.23.48
4	50	Nti-Jackson	Serena	7	SS Athletics	15.43.23.80
5	365	Bridge	Abriella	8	City of Southend On Sea AC	15.43.24
6	221	Grimes	Penelope	7	SS Athletics	15.43.27
7	224	Emery	Eden	7	Unattached	15.43.28.81
8	334	Frisby-Brigh	Amalie	8	Haverhill Running Club	15.43.28.90

150m U11 Year 3,4 & 5**U11 Boys Heat 1**

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	162	Birnie	Jack	9	Benfleet RC	24.97
2	168	Blomfield	Jack	9	SS Athletics	25.50
3	257	Radley	Lenny	9	Unattached	25.74
4	144	Massey	Angelo	9	Unattached	26.17
5	131	Fox	Hari	9	Unattached	32.03
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U11 Girls Heat 1

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	166	Njogu	Keziah	9	SS Athletics	25.98
2	134	Perry	Elsie	9	SS Athletics	26.25
3	104	Townsend	Kirsten	9	Colchester & Tendring AC	27.75
4	220	Grimes	Poppy	9	SS Athletics	28.03
5	2	Awoyode	Grace	9	Unattached	35.42
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U11 Boys Heat 2

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	304	Cole	Tyatt	9	City of Southend On Sea AC	24.31
2	314	Jackson	Joshua	9	City of Southend-on-Sea Athletic Clu	25.61
3	307	Balisson	Nathan	9	City of Southend On Sea AC	26.40
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U11 Girls Heat 2

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	310	Lewis	Emily	9	City of Southend On Sea AC	24.62
2	223	Emery	Isla	9	Benfleet RC	26.04
3	328	Hallahan	Orlaith	9	Unattached	26.11
4	339	Williams	Tilly	9	SS Athletics	26.13
5	265	Hatt	Jessica	9	SS Athletics	27.82
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U11 Boys Heat 3

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	177	Connor	Jax	10	Woodford Green AC with Essex Ladie	24.05
2	93	Hollidge	Eli	10	SS Athletics	25.21
3	178	Schofield	Milo	10	SS Athletics	26.33
4	252	Jones	Oliver	10	Brentwood Beagles Athletics Club	26.48
5	193	Broad	Carter	10	Benfleet RC	26.90
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U11 Girls Heat 3

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	321	Rowles	Clara	10	City of Southend On Sea AC	24.93
2	66	Hay	Bonnie	10	SS Athletics	25.49
3	108	Silvain	Ella	10	Unattached	25.75
4	325	Ncube	Ruvarashe	10	City of Southend-on-Sea Athletic Club	25.91
5	375	Heath	Naomi	10	SS Athletics	29.86
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U11 Boys Heat 4

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	326	Kerr	Raheim	10	SS Athletics	22.25
2	226	Jones	Oliver	10	Unattached	24.54
3	212	Sibanda	Malachi	10	SS Athletics	26.31
4	316	McNicholl	Jude	10	Brentwood Beagles Athletics Club	27.19
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U11 Girls Heat 4

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	149	Lyttle	Sofia	10	Colchester & Tendring AC	23.45
2	49	Nti-Jackson	Danielle	10	SS Athletics	24.33
3	9	Brewington	Emily	10	Brentwood Beagles Athletics Club	25.89
4	15	Ekerin	Temitope	10	Unattached	26.34
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

200m

U13 Boys Heat 1

						Wind	-4.5
Pos	Number	Last Name	First Name	Age	Club	Time	
1	65	Hay	Logan	12	SS Athletics	27.56	
2	40	Cheetham	Max	11	Brentwood Beagles Athletics Club	29.08	
3	329	Keenan	Xavier	12	SS Athletics	29.88	
4	163	Birnie	Ryan	11	SS Athletics	32.81	
5	269	Frisby-Brigh	Ethan	11	Haverhill Running Club	35.37	
6	132	Fox	Ketan	11	Unattached	36.95	
7	-	-	-	-	-		
8	-	-	-	-	-		

U13 Girls Heat 1

						Wind	-4.1
Pos	Number	Last Name	First Name	Age	Club	Time	
1	276	Martell-Smi	Lacey	11	Colchester Harriers AC	29.95	
2	283	Freese	Zara	11	SS Athletics	30.13	
3	151	Radley	Lucia	11	SS Athletics	30.65	
4	235	Finlay	Scarlett	11	Watford Harriers	30.95	
5	1	Awoyode	Maria Oreoluwa	11	Aldershot Farnham & District	33.29	
6	301	Robson	Alexandra	11	SS Athletics	36.42	
7	38	Gault-Poynt	Allegra	11	City of Southend On Sea AC	36.43	
8	-	-	-	-	-		

U15 Boys Heat 1

						Wind	-3.3
Pos	Number	Last Name	First Name	Age	Club	Time	
1	145	Bates	Finn	14	Colchester & Tendring AC	24.42	
2	374	Mendoza	Daniel	14	City of Southend On Sea AC	26.13	
3	63	Hill	George	13	City of Southend On Sea AC	26.89	
4	263	Thompson	George	13	City of Southend On Sea AC	26.91	
5	56	Byford	Poppy	11	City of Southend On Sea AC	28.73	
6	-	-	-	-	-		
7	-	-	-	-	-		
8	-	-	-	-	-		

U13 Girls Heat 2

						Wind	-4.5
Pos	Number	Last Name	First Name	Age	Club	Time	
1	229	Taylor	Scarlett	12	Aldershot Farnham & District	27.88	
2	78	Simpson	Kylin	12	Aldershot Farnham & District	28.36	
3	138	Marshment	Bella	12	Herts Phoenix AC	30.56	
4	100	Scragg	Abigail	12	Camberley & District AC	35.19	
5	-	-	-	-	-		
6	-	-	-	-	-		
7	-	-	-	-	-		
8	-	-	-	-	-		

U13 Girls Heat 3

						Wind	-3.7
Pos	Number	Last Name	First Name	Age	Club	Time	
1	303	Bucci	Kai	12	SS Athletics	30.41	
2	181	Williams	Zenobia	12	Havering AC	30.90	
3	309	Sandell	Anais	12	SS Athletics	33.87	
4	324	Ncube	Kundai	12	City of Southend On Sea AC	35.72	
5	-	-	-	-	-		
6	-	-	-	-	-		
7	-	-	-	-	-		
8	-	-	-	-	-		

U17 Men

						Wind	-4
Pos	Number	Last Name	First Name	Age	Club	Time	
1	331	Adeosun	Maxwell	15	Havering AC	23.98	
2	353	Whiteley	Jerome	15	City of Southend On Sea AC	24.06	
3	-	-	-	-	-		
4	-	-	-	-	-		

U15 Girls Heat 1

						Wind	-2.3
Pos	Number	Last Name	First Name	Age	Club	Time	
1	230	Hartman	Lily	14	Basildon AC	26.53	
2	27	Boyle	Evie	13	City of Southend On Sea AC	27.69	
3	215	Hawkins	Nicole	14	Brentwood Beagles Athletics Club	27.97	
4	64	McCart	Harriet	14	Ipswich Jaffa RC	30.57	
5	-	-	-	-	-		
6	-	-	-	-	-		

5	-	-	-	-
6	-	-	-	-
7	-	-	-	-
8	-	-	-	-

7	-	-	-	-
8	-	-	-	-
9	-	-	-	-
10	-	-	-	-

Senior Men

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	342	Berrett	Louis	22	Havering AC	24.36
2	-	-	-	-	-	-
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

U15 Girls Heat 2

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	207	McGowan	Freya	13	Watford Harriers	28.64
2	94	Poulter	Madison	14	Chelmsford AC	30.53
3	18	Makepeace	Stevie	13	City of Southend On Sea AC	30.58
4	191	Moss	Cherri	13	Chelmsford AC	31.14
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

Veteran Men

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	209	William	Bernard	35	JBR Run and Tri Club	30.28
2	343	Berrett	Paul	62	Havering AC	31.41
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

U17 Women

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	20	Frisby	Erin	15	City of Southend On Sea AC	27.9
2	-	-	-	-	-	-
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

Senior Women

Pos	Number	Last Name	First Name	Age	Wind Club	Time
1	128	Staines	Victoria	27	City of Southend On Sea AC	30.6
2	231	Hopper	Laura	23	London City Runners	34.0
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

Veteran Women

Wind	Time
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Pos	Number	Last Name	First Name	Age	Club	Time
1	345	Donnelly	Linda	66	City of Southend On Sea AC	46.9
2	-	-	-	-	-	-
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

300m

U15 Boys

Pos	Number	Last Name	First Name	Age	Club	Time
1	63	Hill	George	13	City of Southend On Sea AC	43.34
2	250	Weston	Jack	14	Basildon AC	43.98
3	251	Jones	Matthew	14	Brentwood Beagles Athletics Club	49.20
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U15 Girls

Pos	Number	Last Name	First Name	Age	Club	Time
1	62	Barker	Isla	14	Ipswich Harriers	43.33
2	234	Carter	Ava	14	Brentwood Beagles Athletics Club	43.53
3	215	Hawkins	Nicole	14	Brentwood Beagles Athletics Club	43.73
4	23	Eze	Evanna	14	Woodford Green AC with Essex Ladi	45.76
5	64	McCart	Harriet	14	Ipswich Jaffa RC	46.04
6	293	May	Martha	14	Braintree & District AC	46.34
7	58	Gray	Amalia	14	City of Southend On Sea AC	46.92
8	-	-	-	-	-	-

U17 Women

Pos	Number	Last Name	First Name	Age	Club	Time
1	24	Mosanya	Evie-Mae	15	Woodford Green AC with Essex Ladi	43.83
2	290	Walker	Jessica	15	City of Southend On Sea AC	44.22
3	57	Fotherby	Chloe	15	City of Southend On Sea AC	46.18
4	233	Oladele	Dasia	15	Thurrock Harriers	52.29
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

400m

U9B

Pos	Number	Last Name	First Name	Age	Club	Time
1	142	Pearce	Jake	8	SS Athletics	1.15.3
2	152	Finnegan	Teddy	8	SS Athletics	1.16.2
3	127	Hibbert	Jael	7	Brentwood Beagles Athletics Clu	1.21.2
4	277	Care	George	8	SS Athletics	1.21.2
5	267	Tubman	Tristan	8	City of Southend On Sea AC	1.23.5
6	258	Cain	George	8	City of Southend On Sea AC	1.24.6
7	242	Khan	Muhammad	8	City of Southend On Sea AC	1.27.4
8	214	Connor	Sean	7	Brentwood Beagles Athletics Clu	1.29.6

U9G Heat 1

Pos	Number	Last Name	First Name	Age	Club	Time
1	194	Cassidy-George	Lois	8	SS Athletics	1.20.65
2	90	Foy	Rosie	8	SS Athletics	1.24.65
3	143	Pearce	Olivia	8	SS Athletics	1.27.48
4	363	Gosling	Elise	8	Brentwood Beagles Athletics Clu	1.28.75
5	336	Smith	Willow	7	Brentwood Beagles Athletics Clu	1.29.49
6	241	Fenn	Ella	7	SS Athletics	1.34.02
7	50	Nti-Jackson	Serena	7	SS Athletics	1.38.64
8	221	Grimes	Penelope	7	SS Athletics	1.46.11
9	334	Frisby-Bright	Amalie	8	Haverhill Running Club	1.48.52
10	102	Hallahan	Nainsi	7	Unattached	1.57.96

U17M

Pos	Number	Last Name	First Name	Age	Club	Time
1	288	Holland	Aydan	15	Basildon AC	50.47
2	344	Lee	Harry	15	Chelmsford AC	57.38
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U20 Men

Pos	Number	Last Name	First Name	Age	Club	Time
1	225	Robinson	Joshua	18	City of Southend On Sea AC	51.78
2	-	-	-	-	-	-
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U20 Women

Pos	Number	Last Name	First Name	Age	Club	Time
1	289	Jones	Imogen	17	Basildon AC	1.17.67
2	-	-	-	-	-	-
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

Senior Men

Pos	Number	Last Name	First Name	Age	Club	Time
1	342	Berrett	Louis	22	Havering AC	52.30
2	-	-	-	-	-	-
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

Senior Women

Pos	Number	Last Name	First Name	Age	Club	Time
1	296	Matthews Smitt	Annabel Nicol	28	City of Southend On Sea AC	1.11.14
2	231	Hopper	Laura	23	London City Runners	1.17.76
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

Veteran Men

Pos	Number	Last Name	First Name	Age	Club	Time
1	346	Brewer	Scott	38	Thames Valley Harriers	59.65
2	343	Berrett	Paul	62	Havering AC	1.07.84
3	209	William	Bernard	35	JBR Run and Tri Club	1.11.34
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

Veteran Women

Pos	Number	Last Name	First Name	Age	Club	Time
1	345	Donnelly	Linda	66	City of Southend On Sea AC	1.40.83
2	-	-	-	-	-	-
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

600m U11 Year 3,4 & 5**U11 Boys Heat 1**

Pos	Number	Last Name	First Name	Age	Club	Time
1	55	Thompson	Rocco	9	SS Athletics	1.57.81
2	338	Geller	Jesse	9	Woodford Green AC with Essex Ladies	2.02.81
3	162	Birnie	Jack	9	Benfleet RC	2.03.70
4	84	Brazier	James	9	SS Athletics	2.04.78
5	298	Hickey	Leo	9	City of Southend On Sea AC	2.04.92
6	257	Radley	Lenny	9	Unattached	2.05.10
7	168	Blomfield	Jack	9	SS Athletics	2.10.70
8	144	Massey	Angelo	9	Unattached	2.16.66
9	88	Stammers	Rafael	9	Unattached	2.16.94
10	-	-	-	-	-	-
11	-	-	-	-	-	-
12	-	-	-	-	-	-

U11 Boys Heat 2

Pos	Number	Last Name	First Name	Age	Club	Time
1	326	Kerr	Raheim	10	SS Athletics	-
2	177	Connor	Jax	10	Woodford Green AC with Essex Ladies	1.52.20
3	226	Jones	Oliver	10	Unattached	1.54.42
4	316	McNicholl	Jude	10	Brentwood Beagles Athletics Club	1.57.02
5	172	Lupton	Joseph	10	SS Athletics	2.09.86
6	95	Evison	Oliver	10	SS Athletics	2.10.63
7	212	Sibanda	Malachi	10	SS Athletics	2.18.08
8	193	Broad	Carter	10	Benfleet RC	2.20.07
9	213	Connor	Patrick	10	Brentwood Beagles Athletics Club	2.23.58
10	377	M Kelly	Olly	10	Ipswich Jaffa RC	2.28.52

U11 Girls Heat 1

Pos	Number	Last Name	First Name	Age	Club	Time
1	42	Burrows	Honor	9	SS Athletics	2.03.90
2	103	Townsend	Ronni	9	Colchester & Tendring AC	2.06.26
3	335	Smith	Blossom	9	Brentwood Beagles Athletics Club	2.08.28
4	328	Hallahan	Orlaith	9	Unattached	2.11.54
5	134	Perry	Elsie	9	SS Athletics	2.18.97
6	243	Garwood	Ella-Rose	9	SS Athletics	2.24.85
7	254	Bredin	Lily	9	Castle Point Joggers	2.26.87
8	220	Grimes	Poppy	9	SS Athletics	2.31.83
9	-	-	-	-	-	-
10	-	-	-	-	-	-
11	-	-	-	-	-	-
12	-	-	-	-	-	-

U11 Girls Heat 2

Pos	Number	Last Name	First Name	Age	Club	Time
1	48	Finnegan	Sienna	10	SS Athletics	1.56.59
2	31	Jones	Evie	10	Aldershot Farnham & District	1.57.36
3	89	Foy	Millie	10	SS Athletics	2.02.59
4	368	Howard	Chloe-Anne	10	SS Athletics	2.09.08
5	9	Brewington	Emily	10	Brentwood Beagles Athletics Club	2.10.56
6	272	Barron	Rosie	10	Woodford Green AC with Essex Ladies	2.11.25
7	236	Neary	Juno	10	SS Athletics	2.14.28
8	108	Silvain	Ella	10	Unattached	2.16.76
9	49	Nti-Jackson	Danielle	10	SS Athletics	2.17.25
10	375	Heath	Naomi	10	SS Athletics	2.28.11
11	171	Lupton	Hollie	10	SS Athletics	2.28.44

800m

U13 Boys

Pos	Number	Last Name	First Name	Age	Club	Time
1	5	Brown	Samuel	11	SS Athletics	2.26.12
2	218	Haynes	Dexter	12	SS Athletics	2.40.97
3	8	Armour	Adam	12	Brentwood Beagles Athletics Club	2.45.67
4	163	Birnie	Ryan	11	SS Athletics	2.45.91
5	330	King-McLeod	Jackson	11	Benfleet RC	2.50.30
6	219	Baker Durchslag	Aaron	11	SS Athletics	2.57.47
7	158	Lipcombe	Jude	11	SS Athletics	3.00.20
8	286	Heaton	Alex	11	Castle Point Joggers	3.16.59
9	-	-	-	-	-	-
10	-	-	-	-	-	-
11	-	-	-	-	-	-
12	-	-	-	-	-	-

U15 Boys

Pos	Number	Last Name	First Name	Age	Club	Time
1	247	Kelly	Alfie	13	Ipswich Jaffa RC	2.15.7
2	155	Evans	Jack	14	Herts Phoenix AC	2.19.5
3	372	Mendoza	Jackson	14	City of Southend On Sea AC	2.21.0
4	184	Langshaw	Max	14	Basildon AC	2.22.4
5	341	Preston	Hayden	13	Colchester Harriers AC	2.29.8
6	227	Ulyatt	Tom	14	Loughton AC	2.35.0
7	251	Jones	Matthew	14	Brentwood Beagles Athletics Club	2.37.0
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

U17 Men

Pos	Number	Last Name	First Name	Age	Club	Time
1	327	Adesanya	Andrew	16	City of Southend On Sea AC	2.00.2
2	340	Lee	Caleb	16	Colchester Harriers AC	2.14.1
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

U20 Men

Pos	Number	Last Name	First Name	Age	Club	Time
1	225	Robinson	Joshua	18	City of Southend On Sea AC	1.59.8
2	367	Savery	Dean	18	Brentwood Beagles Athletics Club	2.06.9
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

U13 Girls

Pos	Number	Last Name	First Name	Age	Club	Time
1	317	Kindler	Madison	11	Brentwood Beagles Athletics Club	2.22.3
2	159	Carver	Katie	12	SS Athletics	2.38.3
3	268	Martin	Orla	12	Chelmsford AC	2.38.5
4	235	Finlay	Scarlett	11	Watford Harriers	2.38.7
5	72	Twydell	Amalie	12	Brentwood Beagles Athletics Club	2.45.1
6	347	Crawford	Grace	11	SS Athletics	2.53.2
7	332	King-McLeod	Nevaeh	11	Benfleet RC	3.04.7
8	22	Amadin	Amenze	12	City of Southend On Sea AC	3.07.7
9	309	Sandell	Anais	12	SS Athletics	3.08.2
10	315	Turner	Amelia-Rose	11	SS Athletics	3.20.9
11	-	-	-	-	-	-
12	-	-	-	-	-	-

U15 Girls

Pos	Number	Last Name	First Name	Age	Club	Time
1	165	Tiller	Missy	14	Brentwood Beagles Athletics Club	2.22.1
2	333	Smith	Summer	13	Brentwood Beagles Athletics Club	2.25.9
3	190	Rogers	Sophie	14	Colchester Harriers AC	2.29.9
4	12	Wallace	Florence	14	City of Southend On Sea AC	2.36.6
5	204	Middlemiss	Daisy	14	Unattached	2.43.3
6	169	Bailey	Heidi	13	Basildon AC	2.46.9
7	189	Wallis	Darcey	13	Basildon AC	2.47.7
8	58	Gray	Amalia	14	City of Southend On Sea AC	2.51.0
9	73	Sladden	Dakota	14	SS Athletics	2.59.4
10	-	-	-	-	-	-

U17 Women

Pos	Number	Last Name	First Name	Age	Club	Time
1	59	Sandcock	Naomi	15	Colchester & Tendring AC	2.20.09
2	290	Walker	Jessica	15	City of Southend On Sea AC	2.23.62
3	57	Fotherby	Chloe	15	City of Southend On Sea AC	2.32.56
4	337	Heath	Jessica	16	Basildon AC	2.59.84
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-

Senior Women

Pos	Number	Last Name	First Name	Age	Club	Time
1	296	Matthews Smith	Annabel Nicola	28	City of Southend On Sea AC	2.41.45
2	302	O'Rourke	Rebecca	21	Havering AC	2.47.95
3	231	Hopper	Laura	23	London City Runners	2.56.61
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

Senior Men

Pos	Number	Last Name	First Name	Age	Club	Time
1	284	Swindell	Ellis	23	Benfleet RC	2.05.1
2	-	-	-	-	-	-
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

Veteran Men

Pos	Number	Last Name	First Name	Age	Club	Time
1	209	William	Bernard	35	JBR Run and Tri Club	2.52.2
2	376	Mendoza	Nick	44	Unattached	2.52.7
3	186	Kendrick	Alastair	71	Castle Point Joggers	3.38.8
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

Veteran Women

Pos	Number	Last Name	First Name	Age	Club	Time
1	345	Donnelly	Linda	66	City of Southend On Sea AC	3.58.85
2	-	-	-	-	-	-
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

1500m

U13 Boys

Pos	Number	Last Name	First Name	Age	Club	Time	
	1	115	Smith	Charlie	12	SS Athletics	5.03.93
	2	98	Lupton	Oliver	11	SS Athletics	5.04.33
	3	114	Lee	Charlie	12	SS Athletics	5.04.43
	4	97	Wing	Harry	12	Basildon AC	5.04.79
	5	291	Smith	George	11	Brentwood Beagles Athletics Club	5.47.16
	6	378	Bilby	James	12	Unattached	5.51.16
	7	269	Frisby-Bright	Ethan	11	Haverhill Running Club	5.54.75
	8	370	Partridge	Mason	11	Colchester & Tendring AC	6.28.62
	9	132	Fox	Ketan	11	Unattached	6.34.48
10	-	-	-	-	-	-	-
11	-	-	-	-	-	-	-
12	-	-	-	-	-	-	-

U13 Girls

Pos	Number	Last Name	First Name	Age	Club	Time	
	1	51	Owen	Sadie	12	SS Athletics	5.21.74
	2	175	Sabado	Aria	12	Brentwood Beagles Athletics Club	5.35.42
	3	41	Burrows	Fleur	11	SS Athletics	5.37.79
	4	101	Hallahan	Ivy-Rose	11	Colchester & Tendring AC	5.58.00
	5	26	Rolfe	Poppy	12	SS Athletics	6.30.65
	6	-	-	-	-		
	7	-	-	-	-		
	8	-	-	-	-		
	9	-	-	-	-		
	10	-	-	-	-		

U15 Boys

Pos	Number	Last Name	First Name	Age	Club	Time	
	1	35	Delea	Matthew	14	Brentwood Beagles Athletics Club	4.31.37
	2	208	Hearn	Jude	14	Brentwood Beagles Athletics Club	4.40.66
	3	260	Wright	Jack	13	Herts Phoenix AC	4.58.69
	4	261	Wright	Lewis	13	Herts Phoenix AC	5.10.55
	5	34	Edwards	Frankie	13	Brentwood Beagles Athletics Club	5.27.67
	6	182	Anderson	Thomas	14	Herts Phoenix AC	5.31.15
	7	-	-	-	-		
	8	-	-	-	-		
	9	-	-	-	-		
	10	-	-	-	-		

U15 Girls

Pos	Number	Last Name	First Name	Age	Club	Time	
	1	240	Eida	Izzy	13	Chelmsford AC	4.59.17
	2	311	Standing	Ella	13	Ipswich Harriers	5.16.02
	3	350	Forrest	Isabel	14	Brentwood Beagles Athletics Club	5.21.71
	4	270	Bowd	Orla	13	Unattached	5.25.94
	5	308	Nix	Keira	13	Basildon AC	5.34.33
	6	275	Licence	Ella	14	Colchester Harriers AC	5.44.90
	7	-	-	-	-		
	8	-	-	-	-		
	9	-	-	-	-		
	10	-	-	-	-		

U17 Men

Pos	Number	Last Name	First Name	Age	Club	Time	
	1	318	Peck	Connor	16	Ipswich Jaffa RC	4.16.44
	2	125	Evison	Finlay	16	Basildon AC	4.19.96
	3	176	Carter	Thomas	15	Chelmsford AC	4.24.70
	4	239	Eida	Joshua	15	Chelmsford AC	4.25.03
	5	106	Silvain	Bradley	16	Basildon AC	4.40.66
	6	107	Silvain	Hayden	15	Basildon AC	4.49.13
	7	-	-	-	-	-	-
	8	-	-	-	-	-	-
	9	-	-	-	-	-	-
	10	-	-	-	-	-	-

U17 Women

Pos	Number	Last Name	First Name	Age	Club	Time	
	1	285	Heaton	Tilly	15	Castle Point Joggers	6.10.94
	2	-	-	-	-		
	3	-	-	-	-		
	4	-	-	-	-		

Senior Women

Pos	Number	Last Name	First Name	Age	Club	Time	
	1	231	Hopper	Laura	23	London City Runners	5.45.80
	2	-	-	-	-		
	3	-	-	-	-		
	4	-	-	-	-		

Senior Men

Pos	Number	Last Name	First Name	Age	Club	Time	
	1	244	O'Hara	Kieran	25	Havering AC	4.11.60
	2	284	Swindell	Ellis	23	Benfleet RC	4.13.69
	3	297	Stewart	James	25	Havering AC	4.14.68
	4	29	Zahir	Hamza	27	Rochford Running Club	4.35.60
	5	-	-	-	-		
	6	-	-	-	-		
	7	-	-	-	-		
	8	-	-	-	-		
	9	-	-	-	-		
	10	-	-	-	-		

Veteran Men

Pos	Number	Last Name	First Name	Age	Club	Time	
	1	105	Townsend	Jason	47	Colchester & Tendring AC	4.49.74
	2	140	Spooner	Terence	52	Castle Point Joggers	5.03.07
	3	186	Kendrick	Alastair	71	Castle Point Joggers	7.15.56
	4	-	-	-	-		
	5	-	-	-	-		
	6	-	-	-	-		
	7	-	-	-	-		
	8	-	-	-	-		
	9	-	-	-	-		
	10	-	-	-	-		

Veteran Women

Pos	Number	Last Name	First Name	Age	Club	Time	
	1	349	Shewbridge	Laura	42	Unattached	5.34.37
	2	82	Bolter	Joanne	51	Leigh-on-Sea Striders	5.48.58
	3	382	Dodge	Amanda	41	JBR Run & Tri	7.12.35
	4	345	Donnelly	Linda	66	City of Southend On Sea AC	8.12.62
	5	-	-	-	-		
	6	-	-	-	-		
	7	-	-	-	-		
	8	-	-	-	-		
	9	-	-	-	-		
	10	-	-	-	-		

High Jump

U13 Boys

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	52	Stone	Bradley	12	Hillingdon AC	1.55	
2	118	Petherbridg	Finn	12	SS Athletics	1.50	
3	362	Sumner	Henry	12	SS Athletics	1.45	
4	157	Tricker	Aiden	12	SS Athletics	1.45	
5=	86	Short	William	12	SS Athletics	1.40	
5=	369	Cordell	Dylan	12	SS Athletics	1.40	
7	370	Partridge	Mason	11	Colchester & Tendring AC	1.25	
8=	8	Armour	Adam	12	Brentwood Beagles Athletics Club	1.15	
8=	248	Rumsby	Noah	11	SS Athletics	1.15	
	-	-	-	-	-		

U13 Girls

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	11	Frisby	Emma	12	City of Southend On Sea AC	1.55	
2	100	Scragg	Abigail	12	Camberley & District AC	1.35	
3	217	Richards	Lucy	12	Watford Harriers	1.30	
4	101	Hallahan	Ivy-Rose	11	Colchester & Tendring AC	1.10	
5	266	Tubman	Ciara	11	City of Southend On Sea AC	1.05	
6	-	-	-	-	-		
7	-	-	-	-	-		
8	-	-	-	-	-		
9	-	-	-	-	-		
10	-	-	-	-	-		

U15 Boys

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	61	Read	Jake	13	Chelmsford AC	1.70	
2	92	Dunn	Larry	13	SS Athletics	1.65	
3	-	-	-	-	-		
4	-	-	-	-	-		
5	-	-	-	-	-		
6	-	-	-	-	-		
7	-	-	-	-	-		
8	-	-	-	-	-		
9	-	-	-	-	-		
10	-	-	-	-	-		

U15 Girls

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	196	Archer	Emily	14	City of Southend On Sea AC	1.60	
2	207	McGowan	Freya	13	Watford Harriers	1.50	
3	293	May	Martha	14	Braintree & District AC	1.45	
4	354	Bailey	Ava	14	Basildon AC	1.40	
5	230	Hartman	Lily	14	Basildon AC	1.40	
6	73	Sladden	Dakota	14	SS Athletics	1.35	
7	54	Rushworth	Annalise	13	Windsor Slough Eton & Hounslow AC	1.25	
8	-	-	-	-	-		
9	-	-	-	-	-		
10	-	-	-	-	-		

U20 Women

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	96	Olivier	Ena	18	Herts Phoenix AC	1.65	
2	-	-	-	-	-		
3	-	-	-	-	-		
4	-	-	-	-	-		
5	-	-	-	-	-		
6	-	-	-	-	-		
7	-	-	-	-	-		
8	-	-	-	-	-		
9	-	-	-	-	-		
10	-	-	-	-	-		

Veteran Men

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	358	Goodrem	Greg	40	City of Southend On Sea AC	1.70	
2	210	Maskell	Richard	48	City of Southend-on-Sea Athletic Clu	1.35	
3	-	-	-	-	-		
4	-	-	-	-	-		
5	-	-	-	-	-		
6	-	-	-	-	-		
7	-	-	-	-	-		
8	-	-	-	-	-		
9	-	-	-	-	-		
10	-	-	-	-	-		

Veteran Women

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	345	Donnelly	Linda	66	City of Southend On Sea AC	1.00	
2	-	-	-	-	-		
3	-	-	-	-	-		
4	-	-	-	-	-		
5	-	-	-	-	-		
6	-	-	-	-	-		
7	-	-	-	-	-		
8	-	-	-	-	-		
9	-	-	-	-	-		
10	-	-	-	-	-		

Long Jump

U11 Boys (Yr4)

Pos	Number	Last Name	First Name	Age	Club	Distance
1	84	Brazier	James	9	SS Athletics	3.76
2	304	Cole	Tyatt	9	City of Southend On Sea AC	3.71
3	88	Stammers	Rafael	9	Unattached	3.56
4	292	Smith	Alex	9	Brentwood Beagles Athletics Club	3.48
5	314	Jackson	Joshua	9	City of Southend-on-Sea Athletic Club	3.36
6	307	Balisson	Nathan	9	City of Southend On Sea AC	3.33
7	144	Massey	Angelo	9	Unattached	3.30
8	124	McKeeganey	Zach	9	SS Athletics	3.30
9	80	Cottee	Nathan	9	Brentwood Beagles Athletics Club	3.04
10	131	Fox	Hari	9	Unattached	2.61

U11 Boys (Yr5)

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	93	Hollidge	Eli	10	SS Athletics	3.65	
2	226	Jones	Oliver	10	Unattached	3.46	
3	172	Lupton	Joseph	10	SS Athletics	3.45	
4	205	Webb	Jude	10	SS Athletics	3.42	
5	377	M Kelly	Olly	10	Ipswich Jaffa RC	2.25	
6	-	-	-	-	-		
7	-	-	-	-	-		
8	-	-	-	-	-		
9	-	-	-	-	-		
10	-	-	-	-	-		

U13 Boys (Yr6)

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	40	Cheetham	Max	11	Brentwood Beagles Athletics Club	4.22	
2	98	Lupton	Oliver	11	SS Athletics	4.16	
3	126	Fahmy	Seif	11	SS Athletics	3.95	
4	160	Phillips-Frontin	Dylan	11	SS Athletics	3.72	
5	370	Partridge	Mason	11	Colchester & Tendring AC	3.59	
6	132	Fox	Ketan	11	Unattached	3.34	
7	291	Smith	George	11	Brentwood Beagles Athletics Club	3.14	
8	248	Rumsby	Noah	11	SS Athletics	2.92	
9	286	Heaton	Alex	11	Castle Point Joggers	2.84	
10	-	-	-	-	-		

U13 Boys (Yr7)

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	65	Hay	Logan	12	SS Athletics	4.63	
2	52	Stone	Bradley	12	Hillingdon AC	4.62	
3	119	Petherbridge	Zac	12	SS Athletics	4.62	
4	118	Petherbridge	Finn	12	SS Athletics	4.52	
5	114	Lee	Charlie	12	SS Athletics	3.63	
6	-	-	-	-	-		
7	-	-	-	-	-		
8	-	-	-	-	-		

U11 Girls Yr4

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	310	Lewis	Emily	9	City of Southend On Sea AC	3.86	
2	265	Hatt	Jessica	9	SS Athletics	3.42	
3	111	Brook	Edith	9	SS Athletics	3.32	
4	339	Williams	Tilly	9	City of Southend On Sea AC	3.25	
5	75	Webb	Beatrice	9	SS Athletics	3.19	
6	328	Hallahan	Orlaith	9	Unattached	3.11	
7	104	Townsend	Kirsten	9	Colchester & Tendring AC	2.96	
8	81	Abdelruhman	Hannah	9	SS Athletics	2.35	
9	-	-	-	-	-		
10	-	-	-	-	-		

U11 Girls Yr5

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	325	Ncube	Ruvarashe	10	City of Southend-on-Sea Athletic Club	3.12	
2	66	Hay	Bonnie	10	SS Athletics	3.02	
3	149	Lyttle	Sofia	10	Colchester & Tendring AC	3.00	
4	108	Silvain	Ella	10	Unattached	2.98	
5	171	Lupton	Hollie	10	SS Athletics	2.91	
6	294	Cain	Ivy	10	City of Southend On Sea AC	2.88	
7	9	Brewington	Emily	10	Brentwood Beagles Athletics Club	2.80	
8	375	Heath	Naomi	10	SS Athletics	2.72	
9	15	Ekerin	Temitope	10	Unattached	2.34	
10	-	-	-	-	-		

U13 Girls Yr6

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	77	Oladele	Davina	11	Thurrock Harriers	4.49	
2	276	Martell-Smith	Lacey	11	Colchester Harriers AC	3.90	
3	151	Radley	Lucia	11	SS Athletics	3.79	
4	315	Turner	Amelia-Rose	11	SS Athletics	3.75	
5	266	Tubman	Ciara	11	City of Southend On Sea AC	3.68	
6	253	Motin	Sofia	11	City of Southend On Sea AC	3.24	
7	299	Palmer-Traer	Ella	11	City of Southend On Sea AC	3.15	
8	38	Gault-Poyntz	Allegra	11	City of Southend On Sea AC	3.09	
9	301	Robson	Alexandra	11	SS Athletics	3.03	
10	-	-	-	-	-		

U13 Girls (Yr7)

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	11	Frisby	Emma	12	City of Southend On Sea AC	4.65	
2	99	Bozorgi	Dina	12	Watford Harriers	4.52	
3	229	Taylor	Scarlett	12	Aldershot Farnham & District	4.49	
4	78	Simpson	Kylin	12	Aldershot Farnham & District	4.36	
5	249	Boamah	Bria	12	Herts Phoenix AC	3.98	
6	138	Marshment	Bella	12	Herts Phoenix AC	3.91	
7	100	Scragg	Abigail	12	Camberley & District AC	3.66	
8	67	Tasneem	Evie	12	Basildon AC	3.36	

9	-	-	-	-
10	-	-	-	-

9	-	-	-	-
10	-	-	-	-

U15 Men

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	238	Patrick	Luca	14	Brentwood Beagles Athletics Club	5.02	
2	52	Stone	Bradley	12	Hillingdon AC	4.35	
3	-	-	-	-	-		
4	-	-	-	-	-		
5	-	-	-	-	-		
6	-	-	-	-	-		
7	-	-	-	-	-		
8	-	-	-	-	-		
9	-	-	-	-	-		
10	-	-	-	-	-		

U15 Girls

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	62	Barker	Isla	14	Ipswich Harriers	5.17	
2	27	Boygale	Evie	13	City of Southend On Sea AC	5.02	
3	305	Bucci	Keiki	14	SS Athletics	4.25	
4	170	Turner	Lola	13	SS Athletics	4.22	
5	207	McGowan	Freya	13	Watford Harriers	4.18	
6	54	Rushworth	Annalise	13	Windsor Slough Eton & Hounslow AC	4.03	
7	191	Moss	Cherri	13	Chelmsford AC	3.90	
8	-	-	-	-	-		
9	-	-	-	-	-		
10	-	-	-	-	-		

U17 Men

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	344	Lee	Harry	15	Chelmsford AC	5.92	
2	-	-	-	-	-		
3	-	-	-	-	-		
4	-	-	-	-	-		
5	-	-	-	-	-		
6	-	-	-	-	-		
7	-	-	-	-	-		
8	-	-	-	-	-		
9	-	-	-	-	-		
10	-	-	-	-	-		

U17 Women

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	337	Heath	Jessica	16	Basildon AC	4.50	
2	-	-	-	-	-		
3	-	-	-	-	-		
4	-	-	-	-	-		
5	-	-	-	-	-		
6	-	-	-	-	-		
7	-	-	-	-	-		
8	-	-	-	-	-		
9	-	-	-	-	-		
10	-	-	-	-	-		

Senior Men

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	197	Casey	James	21	Unattached	4.31	
2	279	Young	Jake	34	SS Athletics	3.91	
3	-	-	-	-	-		
4	-	-	-	-	-		
5	-	-	-	-	-		
6	-	-	-	-	-		
7	-	-	-	-	-		
8	-	-	-	-	-		
9	-	-	-	-	-		
10	-	-	-	-	-		

Veteran Men

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	210	Maskell	Richard	48	City of Southend-on-Sea Athletic Club	4.17	
2	-	-	-	-	-		
3	-	-	-	-	-		
4	-	-	-	-	-		
5	-	-	-	-	-		

Veteran Women

Pos	Number	Last Name	First Name	Age	Club	Distance	Wind
1	345	Donnelly	Linda	66	City of Southend On Sea AC	2.34	
2	295	Matthews-Smith	Marion	69	City of Southend On Sea AC	2.07	
3	-	-	-	-	-		
4	-	-	-	-	-		
5	-	-	-	-	-		

6	-	-	-	-
7	-	-	-	-
8	-	-	-	-
9	-	-	-	-
10	-	-	-	-

6	-	-	-	-
7	-	-	-	-
8	-	-	-	-
9	-	-	-	-
10	-	-	-	-

Shot Putt

U15 Boys

Pos	Number	Last Name	First Name	Age	Club	Distance
1	250	Weston	Jack	14	Basildon AC	9.55
2	-	-	-	-	-	
3	-	-	-	-	-	
4	-	-	-	-	-	
5	-	-	-	-	-	
6	-	-	-	-	-	
7	-	-	-	-	-	
8	-	-	-	-	-	
9	-	-	-	-	-	
10	-	-	-	-	-	

U17 Men

Pos	Number	Last Name	First Name	Age	Club	Distance
1	153	Jerman	Oscar	15	City Of Norwich AC	10.73
2	-	-	-	-	-	
3	-	-	-	-	-	
4	-	-	-	-	-	
5	-	-	-	-	-	
6	-	-	-	-	-	
7	-	-	-	-	-	
8	-	-	-	-	-	
9	-	-	-	-	-	
10	-	-	-	-	-	

U20 Men

Pos	Number	Last Name	First Name	Age	Club	Distance
1	201	Dunn	Kobie	19	SS Athletics	8.66
2	-	-	-	-	-	

U13 Girls

Pos	Number	Last Name	First Name	Age	Club	Distance
1	154	Osei	Oluwatimileyin Elizabeth	12	Chelmsford AC	8.42
2	77	Oladele	Davina	11	Thurrock Harriers	8.39
3	216	Arnold	Jessica	12	Brentwood Beagles Athletics Club	6.46
4	1	Awoyode	Maria Oreoluwa	11	Aldershot Farnham & District	5.77
5	192	Moss	Maddie	12	Chelmsford AC	5.31
6	299	Palmer-Tracey	Ella	11	City of Southend On Sea AC	4.30
7	26	Rolfe	Poppy	12	SS Athletics	4.24
8	-	-	-	-	-	
9	-	-	-	-	-	
10	-	-	-	-	-	

U15 Girls

Pos	Number	Last Name	First Name	Age	Club	Distance
1	246	Malagala	Monica	14	Chelmsford AC	12.66
2	230	Hartman	Lily	14	Basildon AC	8.97
3	18	Makepeace	Stevie	13	City of Southend On Sea AC	7.76
4	39	Angeli	Eleanor	14	Brentwood Beagles Athletics Club	6.89
5	305	Bucci	Keiki	14	SS Athletics	6.76
6	198	Hawkins	Katie	14	Brentwood Beagles Athletics Club	6.66
7	173	Marshment	Keira	14	Unattached	6.01
8	-	-	-	-	-	
9	-	-	-	-	-	
10	-	-	-	-	-	

U17 Women

Pos	Number	Last Name	First Name	Age	Club	Distance
1	147	Hewitt	Matilda	15	Chelmsford AC	13.51
2	233	Oladele	Dasia	15	Thurrock Harriers	10.00
3	337	Heath	Jessica	16	Basildon AC	8.74
4	-	-	-	-	-	
5	-	-	-	-	-	
6	-	-	-	-	-	
7	-	-	-	-	-	
8	-	-	-	-	-	
9	-	-	-	-	-	
10	-	-	-	-	-	

U20 Women

Pos	Number	Last Name	First Name	Age	Club	Distance
1	76	Oladele	Daniella	18	Thurrock Harriers	10.44
2	-	-	-	-	-	

3	-	-	-	-
4	-	-	-	-
5	-	-	-	-
6	-	-	-	-
7	-	-	-	-
8	-	-	-	-
9	-	-	-	-
10	-	-	-	-

3	-	-	-	-
4	-	-	-	-
5	-	-	-	-
6	-	-	-	-
7	-	-	-	-
8	-	-	-	-
9	-	-	-	-
10	-	-	-	-

Senior Men

Pos	Number	Last Name	First Name	Age	Club	Distance
1	287	Praim-Singh	Billy	25	City of Southend On Sea AC	12.98
2	85	Linton	Khuwayne	23	Harrow AC	12.24
3	282	York	Aaron	28	Basildon AC	10.31
4	279	Young	Jake	34	SS Athletics	9.30
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

Veteran Women

Pos	Number	Last Name	First Name	Age	Club	Distance
1	60	Richardson	Lesley	55	Enfield and Haringey A C	8.25
2	139	Norton	Sarah	52	Castle Point Joggers	5.86
	-	-	-	-	-	-
1	345	Donnelly	Linda	66	City of Southend On Sea AC	5.18
	-	-	-	-	-	-
1	13	Stamp	Stephanie	72	City of Southend On Sea AC	5.26
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-

Discus

U13 Boys

Pos	Number	Last Name	First Name	Age	Club	Distance
1	119	Petherbridge	Zac	12	SS Athletics	28.33
2	8	Armour	Adam	12	Brentwood Beagles Athletics Club	18.09
3	126	Fahmy	Seif	11	SS Athletics	16.02
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

U13 Girls

Pos	Number	Last Name	First Name	Age	Club	Distance
1	216	Arnold	Jessica	12	Brentwood Beagles Athletics Club	21.32
2	181	Williams	Zenobia	12	Havering AC	20.48
3	154	Osei	Oluwatimileyin Elizabeth	12	Chelmsford AC	16.78
4	192	Moss	Maddie	12	Chelmsford AC	16.28
5	51	Owen	Sadie	12	SS Athletics	14.72
6	253	Motin	Sofia	11	City of Southend On Sea AC	12.23
7	303	Bucci	Kai	12	SS Athletics	12.11
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

U15 Boys

Pos	Number	Last Name	First Name	Age	Club	Distance
1	250	Weston	Jack	14	Basildon AC	26.89
2	356	Bajela	Isaac	14	City of Southend On Sea AC	14.64
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

U15 Girls

Pos	Number	Last Name	First Name	Age	Club	Distance
1	246	Malagala	Monica	14	Chelmsford AC	30.48
2	116	Jones	Izzy	14	SS Athletics	23.27
3	202	Newton	Alba	13	City of Southend On Sea AC	23.06
4	94	Poulter	Madison	14	Chelmsford AC	22.61
5	73	Sladden	Dakota	14	SS Athletics	21.49
6	271	Barron	Isla	13	Woodford Green AC with Essex Ladies	19.09
7	198	Hawkins	Katie	14	Brentwood Beagles Athletics Club	18.53
8	18	Makepeace	Stevie	13	City of Southend On Sea AC	17.94
9	39	Angeli	Eleanor	14	Brentwood Beagles Athletics Club	17.22
10	-	-	-	-	-	-

U17 Men

Pos	Number	Last Name	First Name	Age	Club	Distance
1	153	Jerman	Oscar	15	City Of Norwich AC	33.87
2	183	Williams	Zak	15	Havering AC	29.83
3	-	-	-	-	-	-
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

U17 Women

Pos	Number	Last Name	First Name	Age	Club	Distance
1	147	Hewitt	Matilda	15	Chelmsford AC	29.77
2	357	Verillo	Maddie	16	Unattached	22.96
3	211	Maskell	Freya	15	City of Southend On Sea AC	21.66
4	233	Oladele	Dasia	15	Thurrock Harriers	20.03
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

U20 Women

Pos	Number	Last Name	First Name	Age	Club	Distance
1	36	Delea	Erin	17	Chelmsford AC	36.50
2	17	Ennis	Katie	19	Havering AC	34.14

3	-	-	-	-
4	-	-	-	-
5	-	-	-	-
6	-	-	-	-
7	-	-	-	-
8	-	-	-	-
9	-	-	-	-
10	-	-	-	-

Senior Men

Pos	Number	Last Name	First Name	Age	Club	Distance
1	287	Praim-Singh	Billy	25	City of Southend On Sea AC	34.56
2	282	York	Aaron	28	Basildon AC	31.09
3	279	Young	Jake	34	SS Athletics	23.36
4	-	-	-	-	-	-
5	-	-	-	-	-	-
6	-	-	-	-	-	-
7	-	-	-	-	-	-
8	-	-	-	-	-	-
9	-	-	-	-	-	-
10	-	-	-	-	-	-

Veteran Women

Pos	Number	Last Name	First Name	Age	Club	Distance
1	139	Norton	Sarah	52	Castle Point Joggers	13.08
		-	-	-	-	-
		-	-	-	-	-
1	13	Stamp	Stephanie	72	City of Southend On Sea AC	12.10
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-