

Essex Cross Country League (2)

Gloucester Park, Basildon

26/10/2024

U11 Girls

Pos	Name	Team	Time
1	Lianne Esterhuysen	Brentwood Beagles Athletics C	5: 41
2	Leila Robinson	Chelmsford Athletics Club	48
3	Bella Kehoe		6: 09
4	Blossom Smith	Brentwood Beagles Athletics C	13
5	Ronni Townsend	Colchester & Tendring AC	19
6	Sienna Faulkner	Colchester Harriers AC	24
7	Isabelle Holme	Brentwood Beagles Athletics C	25
8	Hannah Hogben	Chelmsford Athletics Club	27
9	Sophia Raffaelli	SS Athletics	30
10	Thea Clark	Brentwood Beagles Athletics C	35
11	Eliza Smith	Colchester Harriers AC	38
12	Ella Silvain	Basildon AC	49
13	Bailey Kehoe	Chelmsford Junior Endurance	54
14	Amelia Bright	Havering Athletics Academy	55
15	Nyla Harvey	Benfleet RC	57
16	Olivia Bilby	Chelmsford Athletics Club	58
17	Nora Heidemans	Brentwood Beagles Athletics C	59
18	Camilla Nash	Brentwood Beagles Athletics C	7: 01
19	Evie Foley	Brentwood Beagles Athletics C	02
20	Mollie Curtis	Benfleet RC	03
21	Ava Lynch	Havering Athletics Academy	03
22	Eleanor Coward	Colchester Harriers AC	04
23	Lottie Fowler	Brentwood Beagles Athletics C	05
24	Edith Brook	SS Athletics	05
25	Maya Lancaster	Colchester Harriers AC	08
26	Arlaith Hallahan	Colchester & Tendring AC	17
27	Asya Nalcioğlu	Thurrock Harriers	18
28	Violetta Campbell	Havering Athletics Academy	19
29	Jessica Unett	Castle Point Joggers	21
30	Lily Bredin	Castle Point Joggers	21
31	Kirsten Townsend	Colchester & Tendring AC	24
32	Ivy Naylor	Benfleet RC	27
33	Poppy Grimes	SS Athletics	48
34	Macey Pitts		8: 10

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U11 Boys

Pos	Name	Team	Time
1	Dylan Law	Chelmsford Athletics Club	5: 31
2	Rowan Stringer	Colchester & Tendring AC	33
3	Freddie Blacketer	Chelmsford Athletics Club	35
4	Rocco Thompson	SS Athletics	36
5	Oliver Jones	SS Athletics	39
6	James Heath	Colchester Harriers AC	43
7	Harris Fuller	Chelmsford Athletics Club	44
8	Reggie Stanley-Kinsella	Harlow AC	52
9	Cian O'Doherty	Billericay Striders	55
10	Elliott Potton	City of Southend On Sea AC	57
11	Pearce Bennett	East Essex Triathlon Club	58
12	Arthur Cooke	Chelmsford Athletics Club	6: 00
13	Colm Forrest	Brentwood Beagles Athletics C	01
14	Bertie Allen	Brentwood Beagles Athletics C	02
15	Toby Hatt	Chelmsford Athletics Club	03
16	Oscar Gander	Brentwood Beagles Athletics C	04
17	George Headford		05
18	Heath McDonald	Upminster Junior School	06
19	Ellis Quinn	SS Athletics	06
20	Samuel Miller	East Essex Triathlon Club	08
21	Samuel Grove Smith	Braintree & District AC	11
22	George Norris		15
23	Matthew Feaviour	Colchester Harriers AC	16
24	Henry Ball	Chelmsford Athletics Club	17
25	George Kyprianou	Brentwood Beagles Athletics C	18
26	Cian Casey-Bond	Harlow AC	19
27	Lennie Wright	Havering Athletics Academy	20
28	Archie Hussey	Brentwood Beagles Athletics C	20
29	Henry McDowell	Brentwood Beagles Athletics C	21
30	Lewis Boarer		22
31	Benjamin Padfield	Chelmsford Junior Endurance	22
32	Danilo Reina	Ilford AC	25
33	Jude McNicholl	Brentwood Beagles Athletics C	28
34	Archie Bowen	Chelmsford Junior Endurance	31
35	Carter Broad	Benfleet RC	32
36	Edward Levack	Colchester Harriers AC	33
37	Edward Garwood		35
38	Jack Birnie	Benfleet RC	36
39	Ewan McKinstry	Ilford AC	40
40	Finley Maule	Thurrock Harriers	45

Pos	Name	Team	Time
41	Dexter White	Benfleet RC	46
42	Oliver Nevill	Brentwood Beagles Athletics C	48
43	Finn Morris	Harlow AC	52
44	James Unett	Castle Point Joggers	56
45	Albie Clark	Colchester Harriers AC	7: 06
46	Luca Isbinda	Colchester Harriers AC	16
47	Ethan Wilson	Brentwood Beagles Athletics C	17
48	William Howard	Colchester Harriers AC	20
49	Patrick Connor	Brentwood Beagles Athletics C	23
50	Oliver Jones	Brentwood Beagles Athletics C	25
51	Parker Robbins	Benfleet RC	8: 10
52	Arthur Mitchell	Brentwood Beagles Athletics C	25

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U13 Boys

Pos	Name	Team	Time
1	Mason Sanford	Chelmsford Athletics Club	10: 36
2	Eric Frith	Woodford Green AC with Essex Ladies	11: 19
3	Samuel Brown	SS Athletics	11: 22
4	Charlie Smith	SS Athletics	11: 29
5	Charlie Lee	SS Athletics	11: 31
6	Oliver Lupton	SS Athletics	11: 36
7	Callum Millard Jennings	Havering Athletic Club	11: 51
8	Harry Wing	Basildon AC	11: 53
9	Oskar Prince	Woodford Green AC with Essex Ladies	12: 11
10	Jake Boarer	Chelmsford Athletics Club	12: 16
11	Harry Jeffery	Colchester Harriers AC	12: 18
12	Khalif Ali	Ilford AC	12: 20
13	Jack Cook	Havering Athletic Club	12: 22
14	Lucas Ward	Basildon AC	12: 28
15	Cruz Carvell	Havering Athletic Club	12: 29
16	Sonny Ivory	Harlow AC	12: 32
17	Dexter Haynes	SS Athletics	12: 33
18	Adam Armour	Brentwood Beagles Athletics Club	12: 34
19	Harry Hatcliff	SS Athletics	12: 39
20	Max Reilly	Basildon AC	12: 42
21	Ryan Birnie	SS Athletics	12: 42
22	Reuben Mcdermott	Havering Athletic Club	12: 46
23	Samuel Green	Colchester & Tendring AC	12: 53
24	Lawrence Gordon	Colchester & Tendring AC	12: 58
25	Gregory Fry	Colchester & Tendring AC	13: 10
26	Luke Smith	Harlow AC	13: 12
27	Daniel Smith	Chelmsford Athletics Club	13: 13
28	James Pollard	Chelmsford Athletics Club	13: 16
29	Edward Lyne	Colchester Harriers AC	13: 17
30	Mason Grindrod	Brentwood Beagles Athletics Club	13: 20
31	Charlie Matthews	Thurrock Harriers	13: 23
32	Cameron Smith	Havering Athletic Club	13: 26
33	James Bilby	Basildon AC	13: 28
34	Jamie Murphy	Brentwood Beagles Athletics Club	13: 33
35	Max Massarella	Brentwood Beagles Athletics Club	13: 43
36	Mason Partridge	Colchester & Tendring AC	13: 52
37	Jack Rowlandson	Havering Athletic Club	13: 58
38	Archie Bright	Havering Athletic Club	14: 00
39	Benjamin Bleakley	SS Athletics	14: 03
40	Euan Ayers-Rist	SS Athletics	14: 06

Pos	Name	Team	Time
41	Thomas Layton	SS Athletics	14: 13
42	James Campbell	Havering Athletic Club	14: 15
43	Henry Pinato	Brentwood Beagles Athletics C	14: 19
44	Oliver Trevor	Brentwood Beagles Athletics C	14: 24
45	Sidney Allen	Brentwood Beagles Athletics C	14: 33
46	Robert Pearson	Brentwood Beagles Athletics C	14: 35
47	Jacob Stanley	Brentwood Beagles Athletics C	14: 39
48	Elias Furreedan	Ilford AC	14: 40

<u>Teams</u>		
1	SS Athletics	18
2	Havering Athletic Club	57
3	Chelmsford Athletics Club	66
4	Basildon AC	75
5	Colchester & Tendring AC	108
6	Brentwood Beagles Athletics C	117
7	Woodford Green AC with Esse	11 (2)
8	Colchester Harriers AC	40 (2)
9	Harlow AC	42 (2)
10	Ilford AC	60 (2)
11	Thurrock Harriers	31 (1)
12		
13		
14		
15		

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U13 Girls

Pos	Name	Team
1	Madison Kindler	Brentwood Beagles Athletics C
2	Isla Kehoe	Chelmsford Athletics Club
3	Amalie Twydell	Brentwood Beagles Athletics C
4	Eva Prince	Woodford Green AC with Esse
5	Sadie Owen	SS Athletics
6	Beatrix Cooke	Chelmsford Athletics Club
7	Amira Khelfa	Basildon AC
8	Grace Cherry	Woodford Green AC with Esse
9	Katie Carver	SS Athletics
10	Arabella Stevens	SS Athletics
11	Mia Lawes	Colchester & Tendring AC
12	Jessica Hobson	Chelmsford Athletics Club
13	Olivia Atkinson	City of Southend On Sea AC
14	Clara Wilson	SS Athletics
15	Zenobia Williams	Chelmsford Athletics Club
16	Caitlin Phillips	Brentwood Beagles Athletics C
17	Millie Cook	Havering Athletic Club
18	Phoebe Thomas	Thurrock Harriers
19	Alma McMillan	Orion Harriers
20	Nevaeh McLeod	Benfleet RC
21	Grace Lander	Brentwood Beagles Athletics C
22	Claudia Window	SS Athletics
23	Ivy-Rose Hallahan	Colchester & Tendring AC
24	Olivia Wheeler	Havering Athletic Club
25	Lucy Tregidgo	Havering Athletic Club
26	Eliza Mesher	Havering Athletic Club
27	Emilie Salmon	Benfleet RC
28	Megan Murphy	Havering Athletic Club
29	Ava McNeilly	Castle Point Joggers
30	Nancy Garner	Colchester Harriers AC
31	Drissialemoy Majen-Akande	Ilford AC
32	Abbie kirwin	Basildon AC
33	Floriane King	Colchester Harriers AC
34	Orla Sutcliffe	Colchester Harriers AC

Pos	Name	Team	Time
<u>Teams</u>			
1	Chelmsford Athletics Club	35	
2	SS Athletics	38	
3	Brentwood Beagles Athletics C	41	
4	Havering Athletic Club	92	
5	Colchester Harriers AC	97	(3
6	Woodford Green AC with Esse	12	(2
7	Colchester & Tendring AC	34	(2
8	Basildon AC	39	(2
9	Benfleet RC	47	(2
10	City of Southend On Sea AC	13	(1
11	Thurrock Harriers	18	(1
12	Orion Harriers	19	(1
13	Castle Point Joggers	29	(1
14	Ilford AC	31	(1
15			

Essex Cross Country League (2)

Gloucester Park, Basildon

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U15 Boys

Pos	Name	Team	Time	Pos	Name	Team	Time
1	George Watkins	Woodford Green AC with Essex Ladies	14: 33				
2	Jude Hearn	Brentwood Beagles Athletics Club	14: 44				
3	Craig Calver	West Suffolk AC	14: 44				
4	Daniel Arnold	Woodford Green AC with Essex Ladies	15: 13				
5	Hayden Potton	City of Southend On Sea AC	15: 28				
6	Lewis Jopling	City of Southend On Sea AC	15: 34				
7	Ben Tucker	Harlow AC	15: 38				
8	Jamie Gilbey	Basildon AC	15: 42				
9	Rohan Dasoar	Colchester Harriers AC	15: 56				
10	Samuel Joyce	Benfleet RC	16: 00				
11	Max Chivers	Dengie 100 Runners	16: 03				
12	Aidan Doherty	Havering Athletic Club	16: 06				
13	Matthew Meadows	Basildon AC	16: 07				
14	Connor McGurk	Basildon AC	16: 10				
15	Daniel Pollard	Chelmsford Athletics Club	16: 13				
16	Luke Berry	Basildon AC	16: 21				
17	Hayden Preston	Colchester Harriers AC	16: 28				
18	Logan Dearsley	Colchester Harriers AC	16: 41				
19	Harrison Cumner	Colchester Harriers AC	16: 45				
20	Jake Mitchell	Brentwood Beagles Athletics Club	16: 47				
21	Paolo Valente	Colchester Harriers AC	17: 03				
22	Ethan Carroll	Havering Athletic Club	17: 11				
23	Oscar Stollery	Chelmsford Athletics Club	17: 13				
24	Barney Perkins	Ilford AC	17: 16				
25	Frankie Edwards	Brentwood Beagles Athletics Club	17: 19				
26	Ollie Johnson	Brentwood Beagles Athletics Club	17: 21				
27	Hayden Fox	Colchester & Tendring AC	17: 31				
28	Matthew Jones	Brentwood Beagles Athletics Club	17: 33				
29	Harry Fairbrass	City of Southend On Sea AC	17: 53				
30	Thomas England	Billericay Striders	18: 10				
31	Adam Hart	Colchester & Tendring AC	18: 17				
32	Oliver Spence	Havering Athletic Club	18: 26				
33	Khaya Fakazi	Chelmsford Athletics Club	18: 39				
34	Jesse Burkett	Basildon AC	18: 40				
35	Joshua Dorling	Basildon AC	18: 43				
36	Oliver Vincent	Braintree & District AC	18: 47				
37	Fraser Abrahams	Benfleet RC	18: 53				
38	George Wright	Havering Athletic Club	19: 07				
39	Benjamin Wilson	Harlow AC	19: 53				

Teams

1	Basildon AC	51
2	Colchester Harriers AC	63
3	Brentwood Beagles Athletics Club	73
4	Havering Athletic Club	104
5	City of Southend On Sea AC	40 (3)
6	Chelmsford Athletics Club	71 (3)
7	Woodford Green AC with Essex Ladies	5 (2)
8	Harlow AC	46 (2)
9	Benfleet RC	47 (2)
10	Colchester & Tendring AC	58 (2)
11	West Suffolk AC	3 (1)
12	Dengie 100 Runners	11 (1)
13	Ilford AC	24 (1)
14	Billericay Striders	30 (1)
15	Braintree & District AC	36 (1)

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U15 Girls

Pos	Name	Team	Time
1	Heidi Woodley	Brentwood Beagles Athletics C	15: 59
2	Francesca Philipps	Chelmsford Athletics Club	16: 33
3	Orla Friel	Havering Athletic Club	16: 37
4	Izzy Eida	Chelmsford Athletics Club	16: 43
5	Isabel Forrest	Brentwood Beagles Athletics C	17: 36
6	Poppy Vines	Havering Athletic Club	17: 56
7	Jasmine Asmal	Havering Athletic Club	18: 33
8	Demitria Robinson	Basildon AC	18: 37
9	Isabelle Young	Brentwood Beagles Athletics C	18: 42
10	Lilly Naylor	Benfleet RC	18: 43
11	Ruby Beasley	Havering Athletic Club	18: 51
12	Carmen Jones	City of Southend On Sea AC	18: 57
13	Stephanie Smith	Chelmsford Athletics Club	19: 00
14	Ella Licence	Colchester Harriers AC	19: 09
15	Mila Cubeddu	SS Athletics	19: 11
16	Sophia Harvey	Colchester & Tendring AC	19: 19
17	Amy Harriss	SS Athletics	19: 32
18	Lauren Langston	Basildon AC	19: 34
19	Jeanne Blackburn	Basildon AC	19: 38
20	Hollie Matthews	Thurrock Harriers	20: 06
21	Darcey Wallis	Basildon AC	20: 20
22	Martha May	Braintree & District AC	20: 28
23	Imogen Stringer	Colchester & Tendring AC	20: 32
24	Heidi Bailey	Basildon AC	20: 34
25	Ella Grace Simpson	Colchester Harriers AC	20: 36
26	Chloe Lee	Basildon AC	20: 37
27	Keira Nix	Basildon AC	20: 43
28	Anna Regan	Basildon AC	21: 05
29	Olivia Bradbury	Havering Athletic Club	21: 15
30	Eadie Wood	Braintree & District AC	21: 20
31	Amber Walker	Brentwood Beagles Athletics C	21: 28
32	Florence Jones	Benfleet RC	21: 30
33	Evelyn Clapp	Colchester Harriers AC	21: 45
34	Evie Gowers	Braintree & District AC	21: 47
35	Layla Gregory-Allen	Benfleet RC	22: 32
36	Ashleigh Holland	Basildon AC	22: 34
37	Hawaa Patel	Ilford AC	22: 41
38	Ella Connor	Colchester Harriers AC	22: 50
39	Holly Bradbury	Havering Athletic Club	23: 28
40	Darcy Moore	Harlow AC	23: 31

Pos	Name	Team	Time
41	Molly Walker	Braintree & District AC	25: 08
42	Simran Dasoar	Colchester Harriers AC	25: 41
43	Amelie Madlin	Havering Athletic Club	26: 28
44	Molly Garner	Thurrock Harriers	26: 38

Teams

1	Havering Athletic Club	27
2	Brentwood Beagles Athletics C	46
3	Basildon AC	66
4	Colchester Harriers AC	110
5	Braintree & District AC	127
6	Chelmsford Athletics Club	19 (3)
7	Benfleet RC	77 (3)
8	SS Athletics	32 (2)
9	Colchester & Tendring AC	39 (2)
10	Thurrock Harriers	64 (2)
11	City of Southend On Sea AC	12 (1)
12	Ilford AC	37 (1)
13	Harlow AC	40 (1)
14		
15		

Essex Cross Country League (2)

Gloucester Park, Basildon

26/10/2024

U17 Men

Pos	Name	Team	Time	Pos	Name	Team	Time
1	Finlay Evison	Basildon AC	18: 55				
2	Luka Norden	Woodford Green AC with Esse	19: 14				
3	Sam Horsley	Havering Athletic Club	19: 17				
4	Harry Stockill	Woodford Green AC with Esse	19: 24				
5	Laurence Sleath	Basildon AC	19: 26				
6	Aidan O'Driscoll	Woodford Green AC with Esse	19: 32				
7	Max Uttley	West Suffolk AC	19: 40				
8	Austin Kelly	Chelmsford Athletics Club	20: 00				
9	Samuel Crane	Ilford AC	20: 18				
10	Finley Greenleaf	Colchester Harriers AC	20: 25				
11	Jack Izzet	Colchester & Tendring AC	20: 28				
12	Josh Stephenson	Woodford Green AC with Esse	20: 38				
13	Bradley Silvain	Basildon AC	21: 21				
14	Ryder Islam	Ilford AC	21: 37				
15	Caleb Lee	Colchester Harriers AC	22: 30				
16	Jack Kneafsey	Braintree & District AC	22: 33				
17	Jack Kirwin	Basildon AC	22: 37				
18	Henry Crates	Witham RC	22: 39				
19	Daniel Hundley	Harlow AC	22: 59				
20	Leo Smith	City of Southend On Sea AC	23: 07				
21	Daniel Cooper	Colchester & Tendring AC	24: 12				
22	Thomas Graham	Harlow AC	25: 05				
23	Hayden Silvain	Basildon AC	25: 32				

Teams

1	Woodford Green AC with Esse	12
2	Basildon AC	19
3	Ilford AC	23 (2)
4	Colchester Harriers AC	25 (2)
5	Colchester & Tendring AC	32 (2)
6	Harlow AC	41 (2)
7	Havering Athletic Club	3 (1)
8	West Suffolk AC	7 (1)
9	Chelmsford Athletics Club	8 (1)
10	Braintree & District AC	16 (1)
11	Witham RC	18 (1)
12	City of Southend On Sea AC	20 (1)
13		
14		
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Essex Cross Country League (2)

Gloucester Park, Basildon

26/10/2024

U17 Women

Pos	Name	Team	Time	Pos	Name	Team	Time
1	Daisy Stollery	Chelmsford Athletics Club	21: 10				
2	Zara Morley	Basildon AC	23: 25				
3	Jessica Walker	Chelmsford Athletics Club	23: 47				
4	Emma Cox	Chelmsford Athletics Club	24: 17				
5	Naomi Sandercock	Colchester & Tendring AC	24: 20				
6	Connie Coates	Benfleet RC	24: 49				
7	Chloe Fotherby	City of Southend On Sea AC	25: 16				
8	Beau Burkett	Basildon AC	25: 46				
9	Katie Cox	Chelmsford Athletics Club	25: 54				
10	Lucy Thompson	Colchester & Tendring AC	26: 42				
11	Grace Tilson	Havering Athletic Club	27: 07				
12	Jemima Garner	Colchester Harriers AC	27: 23				
13	Sophie Dixon	City of Southend On Sea AC	27: 37				
14	Lucy Chapelhow	Thurrock Harriers	27: 51				
15	Isla Garrett	Harlow AC	28: 01				
16	Tilly Heaton	Castle Point Joggers	28: 54				

Teams

1	Chelmsford Athletics Club	8	
2	Basildon AC	10	(2)
3	Colchester & Tendring AC	15	(2)
4	City of Southend On Sea AC	20	(2)
5	Benfleet RC	6	(1)
6	Havering Athletic Club	11	(1)
7	Colchester Harriers AC	12	(1)
8	Thurrock Harriers	14	(1)
9	Harlow AC	15	(1)
10	Castle Point Joggers	16	(1)
11			
12			
13			
14			
15			

Essex Cross Country League (2)

Gloucester Park, Basildon

26/10/2024

Senior Women

Pos	Name	Team	Time	<u>Teams</u>	
1	Kate O'Neill	Havering Athletic Club	27: 05	1 Havering Athletic Club	41
2	Charlotte Brooks	East Essex Triathlon Club	27: 52	2 Chelmsford Athletics Club	56
3	Rebecca Luxton	Chelmsford Athletics Club	27: 55	3 Colchester Harriers AC	73
4	Zoe Oldfield	Loughton AC	28: 35	4 City of Southend On Sea AC	134
5	Kirsty Fitzgibbon	Basildon AC	28: 39	5 Grange Farm & Dunmow Runners	139
6	Abby Rex	Basildon AC	28: 43	6 Leigh-on-Sea Striders	145
7	Sarah Williams	Grange Farm & Dunmow Runners	29: 07	7 Orion Harriers	165
8	Carys Sergeant	Colchester & Tendring AC	29: 21	8 Billericay Striders	206
9	Emma Burgess	Colchester Harriers AC	30: 02	9 Pitsea RC	256
10	Rachel Broome	Chelmsford Athletics Club	30: 08	10 Springfield Striders RC	256
11	Kate Creak	Colchester Harriers AC	30: 11	11 Halstead RRC	259
12	Morgan Campbell	Havering Athletic Club	30: 32	12 Ilford AC	266
13	Ginte Bailey	Havering Athletic Club	30: 35	13 Loughton AC	266
14	Alice Begum	Colchester Harriers AC	30: 52	14 Benfleet RC	276
15	Robyn Matson	Havering Athletic Club	30: 55	15 Brentwood Running Club	318
16	Kirsty Osborn	Thurrock Harriers	31: 02	16 Phoenix Striders	325
17	Laura Wise	Pitsea RC	31: 28	17 South Woodham Runners	379
18	Maddy Sutton	Leigh-on-Sea Striders	31: 34	18 Dagenham 88 Runners	439
19	Lucy Nuttall	Chelmsford Athletics Club	31: 38	19 Thurrock Harriers	176 3
20	Joanna Bolton	Billericay Striders	31: 41	20 Mid Essex Casuals	204 3
21	Isabelle Carlin	City of Southend On Sea AC	31: 46	21 Colchester & Tendring AC	209 3
22	Hannah Evans	Havering Athletic Club	32: 01	22 Hockley Trail Runners	317 3
23	Jordan Hinds	Ilford AC	32: 05	23 Basildon AC	11 2
24	Sophie McCall	Chelmsford Athletics Club	32: 09	24 East Essex Triathlon Club	2 1
25	Abigail Aitken	City of Southend On Sea AC	32: 20	25 Brentwood Beagles Athletics Club	32 1
26	Hannah White	Orion Harriers	32: 26	26 Harlow Running and Tri Club	65 1
27	Wendy King	Chelmsford Athletics Club	32: 30	27 Braintree & District AC	71 1
28	Sarah Griffith	City of Southend On Sea AC	32: 42	28 Tiptree Road Runners	114 1
29	Neve Gribble	Benfleet RC	32: 54	29 Castle Point Joggers	122 1
30	Hannah McIlvenna	Grange Farm & Dunmow Runners	32: 56		
31	Laura Durn	Chelmsford Athletics Club	33: 39		
32	Lorraine Massarella	Brentwood Beagles Athletics Club	33: 55		
33	Brooke Mensah	Thurrock Harriers	33: 59		
34	Charlotte Allen	Leigh-on-Sea Striders	34: 00		
35	Molly Drane	Chelmsford Athletics Club	34: 16		
36	Anna Nuttall	Chelmsford Athletics Club	34: 19		
37	Emily Smith	Springfield Striders RC	34: 24		
38	Rachael Roughan	Halstead RRC	34: 27		
39	Ellie Cumner	Colchester Harriers AC	34: 30		
40	Christine Kennedy	Orion Harriers	34: 32		
41	Ulrike Weiss	Grange Farm & Dunmow Runners	34: 35		
42	Tracy English	Halstead RRC	34: 41		
43	Emma Jeffery	Benfleet RC	34: 42		
44	Katie Spicer	Leigh-on-Sea Striders	34: 44		
45	Lorraine Gosling	Orion Harriers	34: 46		
46	Jill Eley	Mid Essex Casuals	34: 51		
47	Denise Morley	Colchester Harriers AC	34: 52		
48	Kristina Read	Phoenix Striders	34: 59		
49	Joanne Bolter	Leigh-on-Sea Striders	35: 04		
50	Nicola O'Doherty	Billericay Striders	35: 08		
51	Mary Lloyd	Brentwood Running Club	35: 29		
52	Lorna Gaffney	Loughton AC	35: 58		
53	Rebecca Oâ€™Rourke	Havering Athletic Club	36: 00		
54	Nikkii Barnett	Orion Harriers	36: 07		
55	Kim Holland	Leigh-on-Sea Striders	36: 25		

56	Charlotte Evans	Havering Athletic Club	36: 32
57	Sharon Skidmore	Mid Essex Casuals	36: 51
58	Karen Lyons	Orion Harriers	36: 57
59	Anna Jane Waterman	Orion Harriers	37: 16
60	Vanessa Mathers	City of Southend On Sea AC	37: 25
61	Megan Batchelor	Grange Farm & Dunmow Runners	37: 29
62	Donna Fisher	Springfield Striders RC	37: 30
63	Teresa Davis	Leigh-on-Sea Striders	37: 33
64	Helen Kidgell	Leigh-on-Sea Striders	37: 45
65	Allison Beeton	Harlow Running and Tri Club	37: 52
66	Geraldine Howard	Billericay Striders	37: 59
67	Isobel Gowers	Springfield Striders RC	38: 02
68	Christine Inch	Orion Harriers	38: 11
69	Alison Sale	Ilford AC	38: 15
70	Christine Deacon	Billericay Striders	38: 32
71	Louise Edwards	Braintree & District AC	38: 39
72	Jane Yellop	Pitsea RC	38: 42
73	Surjit Grewal	Brentwood Running Club	38: 46
74	Rahana Islam	Dagenham 88 Runners	38: 56
75	Michelle Lock	South Woodham Runners	39: 13
76	Wendy Carter	Halstead RRC	39: 16
77	Kate Howlett	Phoenix Striders	39: 18
78	Karen West	Orion Harriers	39: 21
79	Melanie Carrington	South Woodham Runners	39: 24
80	Hazel Greatbatch	Pitsea RC	39: 27
81	Joanne Ling	Billericay Striders	39: 34
82	Breege Nordin	Ilford AC	39: 37
83	Jacquie King	Colchester Harriers AC	39: 40
84	Zilda Brackenbury	City of Southend On Sea AC	39: 56
85	Clare Rudgley	Havering Athletic Club	40: 05
86	Jacqui Sutton	City of Southend On Sea AC	40: 09
87	Tracey Cotton	Pitsea RC	40: 28
88	Charlotte Fotherby	City of Southend On Sea AC	40: 44
89	Diane Wagstaff	Hockley Trail Runners	40: 50
90	Allison Gillan	Springfield Striders RC	40: 52
91	Amy Lacey	Dagenham 88 Runners	40: 54
92	Pauline Tester	Ilford AC	40: 58
93	Nicola Evans	Benfleet RC	41: 22
94	Nikki Vazanas	Phoenix Striders	41: 30
95	Marijke Van Eetvelde	Brentwood Running Club	41: 38
96	Lesley Jenkins	Pitsea RC	42: 00
97	Grainne Hallahan	Colchester & Tendring AC	42: 02
98	Alison Dunn	Leigh-on-Sea Striders	42: 06
99	Teresa Uscategui	Brentwood Running Club	42: 11
100	Emma Jones	Loughton AC	42: 40
101	Lorna Pettifer	Mid Essex Casuals	43: 13
102	Shahnaj Begum	Ilford AC	43: 21
103	Lorraine Garnham	Halstead RRC	43: 29
104	Samantha Cooper	Colchester & Tendring AC	43: 33
105	Melanie Ling	City of Southend On Sea AC	43: 41
106	Debra Pumfrett	Phoenix Striders	43: 43
107	Louise Copas	South Woodham Runners	43: 49
108	Jade Britton	Hockley Trail Runners	44: 13
109	Linda Donnelly	City of Southend On Sea AC	44: 33
110	Deborah Davies	Loughton AC	44: 38
111	Mandy Cooper	Benfleet RC	44: 47
112	Dianne Crisp	Ilford AC	44: 49
113	Sarah de Cristofano	Benfleet RC	45: 08
114	Kerry Marsh	Tiptree Road Runners	45: 25
115	Treena Carder	Halstead RRC	45: 32
116	Susanna Stidston	Benfleet RC	46: 00
117	Victoria Barker	Phoenix Striders	46: 07
118	Sally Kinsley	South Woodham Runners	46: 27

119	Audrey Morris	Benfleet RC	46: 39
120	Clare Birrell	Hockley Trail Runners	46: 41
121	Caz Wallis	Pitsea RC	46: 43
122	Sarah Norton	Castle Point Joggers	47: 04
123	Jane Piper	Phoenix Striders	47: 29
124	Natasha Lagden	City of Southend On Sea AC	47: 32
125	Frieda Keane	Ilford AC	47: 38
126	Beth Gadlin	Pitsea RC	48: 15
127	Gloria Bullen	Thurrock Harriers	48: 24
128	Gillian Harrison	Pitsea RC	49: 31
129	Launa Broadley	Ilford AC	50: 08
130	Julia Galea	Ilford AC	50: 42
131	Valerie Kerrison	Halstead RRC	51: 20
132	Adebola Adediran	Pitsea RC	52: 18
133	Michelle Holman	Phoenix Striders	53: 04
134	Lorraine Borley	Phoenix Striders	53: 16
135	Denise Woolston	Dagenham 88 Runners	54: 27
136	Marion Breeze	Pitsea RC	54: 30
137	Lauren Ripton	Halstead RRC	55: 58
138	Kim Shead-Fallows	Pitsea RC	59: 22
139	Jacqui Elliott	Dagenham 88 Runners	61: 01

Pos	Veteran Womens Team 3 to score	Pts	
1	Chelmsford Athletics Club	61	
2	Grange Farm & Dunmow Runners	78	
3	Colchester Harriers AC	97	
4	Leigh-on-Sea Striders	127	
5	Billericay Striders	136	
6	Orion Harriers	139	
7	Halstead RRC	156	
8	Springfield Striders RC	166	
9	Loughton AC	166	
10	Pitsea RC	169	
11	Mid Essex Casuals	204	
12	Brentwood Running Club	219	
13	City of Southend On Sea AC	230	
14	Phoenix Striders	231	
15	Ilford AC	243	
16	South Woodham Runners	261	
17	Benfleet RC	317	
18	Dagenham 88 Runners	348	
19	Hockley Trail Runners	209	2
20	Brentwood Beagles Athletics Club	32	1
21	Harlow Running and Tri Club	65	1
22	Havering Athletic Club	85	1
23	Colchester & Tendring AC	104	1
24	Tiptree Road Runners	114	1
25	Castle Point Joggers	122	1
26	Thurrock Harriers	127	1

Essex Cross Country League (2)

Gloucester Park, Basildon

26/10/2024 Senior Men

Pos	Name	Team	Time	Teams	
1	Adam Hickey	City of Southend On Sea AC	26: 46	1 City of Southend On Sea AC	60
2	Joseph Grange	Chelmsford Athletics Club	51	2 Havering Athletic Club	81
3	Callum Charleston	Aldershot Farnham & District	27: 10	3 Colchester Harriers AC	125
4	James Connor	Havering Athletic Club	16	4 Orion Harriers	233
5	Bob Sporle	City of Southend On Sea AC	28: 18	5 Leigh-on-Sea Striders	334
6	Tom Rehal	Chelmsford Athletics Club	24	6 Ilford AC	387
7	Sam Norris	City of Southend On Sea AC	30	7 Springfield Striders RC	416
8	James Stewart	Havering Athletic Club	43	8 Thurrock Harriers	429
9	Kieran Oâ€™Hara	Havering Athletic Club	29: 16	9 Chelmsford Athletics Club	469
10	Ben Whyte	Colchester Harriers AC	17	10 Grange Farm & Dunmow Run	479
11	Dylan Schubert	City of Southend On Sea AC	19	11 Billericay Striders	538
12	Robert Warner	Havering Athletic Club	21	12 Benfleet RC	576
13	Ben Davis	Havering Athletic Club	29	13 Braintree & District AC	726
14	Conor Culham	Braintree & District AC	37	14 South Woodham Runners	824
15	Max stapleton	City of Southend On Sea AC	39	15 Pitsea RC	1080
16	James Morley	Colchester Harriers AC	41	16 Phoenix Striders	1155
17	Angus Claxton	Colchester Harriers AC	46	17 Colchester & Tendring AC	669 5
18	Chander Dhillon	Thurrock Harriers	49	18 Loughton AC	705 5
19	Nate Filer	Colchester Harriers AC	56	19 Basildon AC	590 4
20	Richard Williams	Grange Farm & Dunmow Runners	58	20 Mid Essex Casuals	866 4
21	Rhys Gillard	City of Southend On Sea AC	30: 01	21 Hockley Trail Runners	1005 4
22	Richard Smith	Orion Harriers	03	22 Brentwood Beagles Athletics	276 3
23	Brian Jenkins	Orion Harriers	06	23 Castle Point Joggers	546 3
24	Leon Wheeler	Leeds City Athletic Club	09	24 Tiptree Road Runners	555 3
25	Kurtis Swan	Braintree & District AC	11	25 Dagenham 88 Runners	619 3
26	Nathan Waller	City of Southend On Sea AC	14	26 Halstead RRC	713 3
27	Kieran O'Doherty	Billericay Striders	29	27 Harlow Running and Tri Club	102 2
28	Jim Dodsworth	Leigh-on-Sea Striders	31	28 Daws Heath Harriers	434 2
29	Roger Maidment	Orion Harriers	34	29 Aldershot Farnham & Distric	3 1
30	Michael McTernan	Orion Harriers	36	30 Leeds City Athletic Club	24 1
31	Christopher Sellens	Colchester Harriers AC	38	31 Brentwood Running Club	117 1
32	Joseph Patterson	Colchester Harriers AC	41	32 Woodford Green AC with Es	219 1
33	Sam Schubert	City of Southend On Sea AC	44	33 Cambridge & Coleridge AC	232 1
34	Ifeoluwa Adebuseoye	Thurrock Harriers	46	34 Harlow AC	235 1
35	Sam Atkins	Havering Athletic Club	50	35 Great Bentley Running Club	267 1
36	Matthew Randall	City of Southend On Sea AC	31: 10		
37	Tim Whitcombe	Benfleet RC	18		
38	Luke Fitz-John	Springfield Striders RC	24		
39	Sean Eales	Colchester Harriers AC	29		
40	Tom Gardner	Ilford AC	30		
41	Dean Savery	Brentwood Beagles Athletics Club	31		
42	Martin Westley	Harlow Running and Tri Club	32		
43	Charlie Burgess	Havering Athletic Club	33		
44	Matibini Matibini	Leigh-on-Sea Striders	36		
45	Samuel Mahoney	Havering Athletic Club	40		
46	Alistair Brown	Grange Farm & Dunmow Runners	42		
47	Alfred Waithaka	Havering Athletic Club	45		
48	Alex Young	Brentwood Beagles Athletics Club	51		
49	Dean Ovel	Leigh-on-Sea Striders	52		
50	Taylor Newell	Thurrock Harriers	54		

51	Craig Berg	Basildon AC	56
52	Pat Walsh	City of Southend On Sea AC	32: 04
53	Declan Evans	Grange Farm & Dunmow Runners	12
54	Hugo Jones	City of Southend On Sea AC	16
55	Lee Baynton	Benfleet RC	18
56	Richard Beasley	Leigh-on-Sea Striders	19
57	Antony Goodall	Springfield Striders RC	22
58	Tom Sheffle	Springfield Striders RC	26
59	Malcolm Muir	Ilford AC	31
60	Rob Lowe	Harlow Running and Tri Club	33
61	Manuel Caeiro Vigo	Ilford AC	35
62	Ryan Carroll	Havering Athletic Club	40
63	Bob Glasgow	Orion Harriers	43
64	Alex Penfold	Colchester & Tendring AC	53
65	Nick Barker	Loughton AC	56
66	Reece Barclay	Orion Harriers	59
67	Reiss Merritt	Leigh-on-Sea Striders	33: 03
68	Dean Semple	Colchester Harriers AC	06
69	Stephen Philcox	Ilford AC	09
70	Steve Mason	Colchester Harriers AC	17
71	Ian Anthony	Havering Athletic Club	20
72	Paul Miles	Springfield Striders RC	22
73	Colin Ridley	Colchester Harriers AC	27
74	Dylan Harrod	Ilford AC	30
75	Jason Townsend	Colchester & Tendring AC	31
76	Luke Chester	Havering Athletic Club	33
77	Robert Trevor	Havering Athletic Club	35
78	Nick Hunter	Chelmsford Athletics Club	43
79	Sammo Nigh	Springfield Striders RC	44
80	Richard Greatbatch	Pitsea RC	45
81	Thomas Murphy	Chelmsford Athletics Club	47
82	Paul Spowage	Colchester Harriers AC	49
83	Adam Hemsworth	Benfleet RC	51
84	Joshua Adler	Ilford AC	54
85	Robert Doyle	Thurrock Harriers	58
86	Geoff Keily	Billericay Striders	34: 01
87	Neil McGoun	Orion Harriers	03
88	Oscar Farley	Billericay Striders	05
89	Ben Holdgate	Braintree & District AC	20
90	Thomas McGarr	Leigh-on-Sea Striders	23
91	Richard Hynes	Grange Farm & Dunmow Runners	26
92	Simon Carrington	South Woodham Runners	29
93	Charlie Phillippe	Leigh-on-Sea Striders	31
94	Matthew Phillips	Billericay Striders	32
95	John Whitehead	Havering Athletic Club	34
96	Jake Connolly	Colchester Harriers AC	36
97	Daniel Bade	Braintree & District AC	40
98	Allen Smalls	Colchester Harriers AC	43
99	Ben McGinley	City of Southend On Sea AC	46
100	Dyfan Garmon	Dagenham 88 Runners	48
101	Christopher King	Ilford AC	50
102	Ian Toal	Leigh-on-Sea Striders	52
103	Josh Shelton	South Woodham Runners	53
104	Matthew Bland	Havering Athletic Club	35: 02
105	Tim Ballard	Colchester Harriers AC	11
106	Ollie Gifford	Colchester Harriers AC	13
107	Sebastian Parris	Ilford AC	15
108	Russell Brown	Orion Harriers	16

109	Harry Cooper	City of Southend On Sea AC	19
110	Paul Weightman	Colchester Harriers AC	26
111	Tom Abbott	Loughton AC	33
112	Paul Broome	Springfield Striders RC	35
113	Jon Whitehouse	Loughton AC	37
114	Alec Schubert	Leigh-on-Sea Striders	39
115	Scott Rice	Thurrock Harriers	42
116	Robert Smith	Colchester Harriers AC	44
117	Mark Meader	Brentwood Running Club	48
118	Joshua Hall	Billericay Striders	52
119	Phu Ly	Orion Harriers	54
120	Ben Gamlin	South Woodham Runners	55
121	Mark Howard	Colchester Harriers AC	56
122	Daniel King	Colchester Harriers AC	36: 03
123	Stuart Harris	Colchester Harriers AC	14
124	Felix Shaw	Benfleet RC	16
125	Anthony Moore	Billericay Striders	19
126	Michael Cook	Pitsea RC	20
127	David Beatty	Thurrock Harriers	22
128	Neil Crisp	Ilford AC	26
129	Jimmy Justice	Phoenix Striders	30
130	Antonio Pecoraro	Havering Athletic Club	34
131	Lee Pickering	Grange Farm & Dunmow Runners	38
132	Oliver Fisher	City of Southend On Sea AC	41
133	Sam Luton	Leigh-on-Sea Striders	47
134	Tom Davis	Leigh-on-Sea Striders	49
135	Daniel Holeyman	Ilford AC	52
136	Barnaby Mowson	Benfleet RC	54
137	Tim Wright	Orion Harriers	57
138	Kevin Marshall	Grange Farm & Dunmow Runners	37: 03
139	Terence Spooner	Castle Point Joggers	07
140	Max Bell	Orion Harriers	14
141	Nicholas Rankin	Benfleet RC	16
142	Scott McMillan	Orion Harriers	18
143	Chris Harvey	Colchester & Tendring AC	21
144	David Butler	Billericay Striders	24
145	David Lindsay	Springfield Striders RC	30
146	Olatunde Akerele	Thurrock Harriers	32
147	Nathan Hart	Havering Athletic Club	35
148	Simon Handley	Springfield Striders RC	48
149	Toby Johnson	Havering Athletic Club	50
150	Peter Tullett	Chelmsford Athletics Club	54
151	Dan Meredith	Havering Athletic Club	56
152	Paul Grange	Chelmsford Athletics Club	59
153	Jason Finch	South Woodham Runners	38: 02
154	Dominic King	Colchester Harriers AC	06
155	Gary Atkins	Havering Athletic Club	10
156	Zach Shuttlewood	Grange Farm & Dunmow Runners	12
157	Craig Morley	Basildon AC	13
158	Alan James	Phoenix Striders	16
159	Bradley Brown	Ilford AC	18
160	Benjamin Leeds	Mid Essex Casuals	20
161	Niki Read	Leigh-on-Sea Striders	23
162	Marcus Hunt	Chelmsford Athletics Club	30
163	Glenn Gosling	Orion Harriers	33
164	Terry Knightley	Ilford AC	37
165	Robin Daines	Loughton AC	49
166	Christopher Purse	Springfield Striders RC	55

167	Chris Coates	Benfleet RC	39:	06
168	Neal Clark	Phoenix Striders		08
169	Barry Weldon	Billericay Striders		14
170	Mark Gowers	Billericay Striders		16
171	Jake Phillips	Colchester Harriers AC		24
172	Richard Lewis	City of Southend On Sea AC		27
173	Steve Walker	Havering Athletic Club		32
174	Matthew Aitken	City of Southend On Sea AC		40
175	Glen Head	Tiptree Road Runners		53
176	Mark Hayward	South Woodham Runners		56
177	Stephen Foggo	Billericay Striders	40:	03
178	Bob Bardell	Tiptree Road Runners		06
179	Robin McCoy	Springfield Striders RC		10
180	Sam Backhouse	South Woodham Runners		13
181	Robert Sleath	Basildon AC		18
182	Taliesin Stevenson	Colchester & Tendring AC		22
183	Bruce Gander	Leigh-on-Sea Striders		30
184	Mark Jeffrey	Springfield Striders RC		32
185	Tony Agg	Billericay Striders		33
186	Grant England	Billericay Striders		36
187	Keith Thornton	Brentwood Beagles Athletics Club		38
188	Mark Farrar	Orion Harriers		40
189	Roy James	Havering Athletic Club		43
190	Alan Clark	Benfleet RC		50
191	Steve Chissell	Ilford AC		53
192	Keith Willett	Thurrock Harriers	41:	03
193	Matthew Stenning	Billericay Striders		06
194	Martin Jackson	Grange Farm & Dunmow Runners		15
195	Ian Emerson	Orion Harriers		33
196	Mike Stapleton	City of Southend On Sea AC		36
197	Lucas Willett	Thurrock Harriers		40
198	Colin Dunn	Castle Point Joggers		43
199	Simon Norris	Leigh-on-Sea Striders		47
200	Nick Hill	Pitsea RC	42:	00
201	Gabor Bakler-Kugler	Basildon AC		02
202	Mark Lawes	Tiptree Road Runners		03
203	Alistair Fisher	City of Southend On Sea AC		05
204	David Spain	Daws Heath Harriers		08
205	Darren Green	Colchester & Tendring AC		09
206	Michael Bridgeland	Chelmsford Athletics Club		12
207	Justin Brown	Grange Farm & Dunmow Runners		27
208	James Hawkes	Grange Farm & Dunmow Runners		28
209	Justin Burton	Castle Point Joggers		29
210	Simon Morgan	Colchester Harriers AC		31
211	Alan Pearl	Ilford AC		33
212	Martin Orford	Pitsea RC		34
213	Thomas Smalley	Pitsea RC		35
214	Paul Goodhew	Orion Harriers		37
215	Philip Jeffries	Halstead RRC		39
216	Peter Binns	City of Southend On Sea AC		43
217	Steve Turner	Leigh-on-Sea Striders		47
218	Toby Dando	Leigh-on-Sea Striders	43:	02
219	Alistair Holford	Woodford Green AC with Essex Ladies		17
220	Adam Bright	Springfield Striders RC		27
221	Paul Backhouse	South Woodham Runners		28
222	Jim Tilbrook	Ilford AC		47
223	Spencer Garlick	Hockley Trail Runners		50
224	John Pumfrett	Phoenix Striders		52

225	Benjamin Fisher	Orion Harriers	54
226	Andy Debnam	Mid Essex Casuals	58
227	David Blockley	Leigh-on-Sea Striders	44: 06
228	Andrew Catton	Ilford AC	09
229	David Ward	Leigh-on-Sea Striders	13
230	Richard Jones	Daws Heath Harriers	22
231	Lee Hazelwood	Phoenix Striders	41
232	Ben Chamberlain	Cambridge & Coleridge AC	57
233	Justin Ruggles	Mid Essex Casuals	45: 04
234	Tony Collins	Havering Athletic Club	11
235	James Malyon	Harlow AC	14
236	Kevin McAlinden	Colchester Harriers AC	38
237	David Rayner	Springfield Striders RC	41
238	Colin Jackson	Grange Farm & Dunmow Runners	49
239	Andy Carter	Halstead RRC	46: 10
240	Tim Brockington	Springfield Striders RC	24
241	Simon Carter	Orion Harriers	39
242	Colin Rothwell	South Woodham Runners	49
243	Alasdair Daw	Billericay Striders	59
244	Macer Twydell	Braintree & District AC	47: 13
245	Keith Dawson	Phoenix Striders	20
246	Bernard Johnson	Thurrock Harriers	48
247	Paul Tawn	Mid Essex Casuals	53
248	Robert West	Leigh-on-Sea Striders	48: 17
249	Chris Emery	Pitsea RC	42
250	Anthony Young	Ilford AC	53
251	Graham Oldfield	Loughton AC	49: 11
252	Adrian Mathers	Hockley Trail Runners	16
253	Laurence King	South Woodham Runners	17
254	Ian Lawson	Grange Farm & Dunmow Runners	49
255	James Price	Pitsea RC	50: 01
256	Jim Holland	South Woodham Runners	12
257	Paul Kneafsey	Braintree & District AC	40
258	Allan Lacey	Dagenham 88 Runners	42
259	David Clark	Halstead RRC	51: 29
260	Patrick Harrington	Phoenix Striders	55
261	Roger Westwood	Dagenham 88 Runners	53: 06
262	Rob Sargent	Ilford AC	54: 39
263	Andy Body	Phoenix Striders	49
264	Philip Martyn	Hockley Trail Runners	55: 12
265	Duncan Russell	Phoenix Striders	56: 00
266	Richard Bennett	Hockley Trail Runners	58: 26
267	Paul Smith	Great Bentley Running Club	61: 01

Pos	Veteran Mens Teams 4 to score)	Pts	
1	Havering Athletic Club	134	
2	Orion Harriers	145	
3	Colchester Harriers AC	205	
4	Leigh-on-Sea Striders	223	
5	Ilford AC	275	
6	Grange Farm & Dunmow Runners	288	
7	Billericay Striders	332	
8	Springfield Striders RC	386	
9	City of Southend On Sea AC	578	
10	Thurrock Harriers	580	
11	Chelmsford Athletics Club	586	
12	Loughton AC	594	
13	Pitsea RC	618	
14	South Woodham Runners	642	
15	Phoenix Striders	679	
16	Mid Essex Casuals	866	
17	Hockley Trail Runners	1005	
18	Colchester & Tendring AC	423	3
19	Benfleet RC	498	3
20	Basildon AC	539	3
21	Castle Point Joggers	546	3
22	Tiptree Road Runners	555	3
23	Dagenham 88 Runners	619	3
24	Halstead RRC	713	3
25	Brentwood Beagles Athletics Club	235	2
26	Daws Heath Harriers	434	2
27	Braintree & District AC	501	2
28	Harlow Running and Tri Club	60	1
29	Brentwood Running Club	117	1
32	Great Bentley Running Club	267	1

Essex Cross Country League 2024/2025

Team Standings after 2 fixtures (best 4 scores to count at end of season)

U13 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	SS Athletics	1	2				3
2	Havering Athletic Club	2	4				6
3	Brentwood Beagles Athletics Club	5	3				8
4	Colchester Harriers AC	6	5				11
5	Thurrock Harriers	3	10				13
6	Colchester & Tendring AC	8	6				14
6	Basildon AC	7	7				14
8	Ilford AC	4	13				17
9	City of Southend On Sea AC	9	9				18
10	Chelmsford Athletics Club	20	1				21
11	Benfleet RC	20	8				28
12	Orion Harriers	20	11				31
13	Castle Point Joggers	20	12				32

U15 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Brentwood Beagles Athletics Club	1	2				3
2	Havering Athletic Club	3	1				4
3	Basildon AC	4	3				7
4	Chelmsford Athletics Club	2	6				8
5	Colchester Harriers AC	6	4				10
6	Braintree & District AC	8	5				13
7	SS Athletics	7	8				15
8	Benfleet RC	9	7				16
8	City of Southend On Sea AC	5	11				16
10	Thurrock Harriers	12	10				22
10	Ilford AC	10	12				22
12	Harlow AC	11	13				24
13	Colchester & Tendring AC	20	9				29

U17 Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Basildon AC	2	2				4
2	Chelmsford Athletics Club	6	1				7
2	Colchester & Tendring AC	4	3				7
4	Havering Athletic Club	3	6				9
5	Benfleet RC	5	5				10
6	City of Southend On Sea AC	7	4				11
7	Colchester Harriers AC	10	7				17

7	Harlow AC	8	9				17
9	Castle Point Joggers	9	10				19
10	Brentwood Beagles Athletic Club	1	20				21
11	Thurrock Harriers	20	8				28

Senior Women (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering Athletic Club	2	1				3
1	Chelmsford Athletics Club	1	2				3
3	Colchester Harriers AC	6	3				9
4	Leigh-on-Sea Striders	4	6				10
4	Orion Harriers	3	7				10
6	City of Southend On Sea AC	7	4				11
7	Grange Farm & Dunmow Runners	10	5				15
7	Loughton AC	5	10				15
9	Billericay Striders	8	8				16
10	Springfield Striders RC	11	9				20
10	Thurrock Harriers	9	11				20
12	Tiptree Road Runners	12	12				24

Senior Women (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Pitsea RC	2	1				3
2	Ilford AC	1	3				4
3	Benfleet RC	4	4				8
4	Phoenix Striders	3	6				9
5	Halstead RRC	8	2				10
5	Brentwood Running Club	5	5				10
7	South Woodham Runners	6	7				13
8	Dagenham 88 Runners	7	8				15
9	Colchester & Tendring AC	10	10				20
10	Mid Essex Casuals	12	9				21
11	Braintree & District AC	9	16				25
12	Harlow Running and Tri Club	11	15				26
13	Brentwood Beagles Athletics Club	13	14				27
14	East Essex Triathlon Club	15	13				28
15	Hockley Trail Runners	20	11				31
15	Castle Point Joggers	14	17				31
17	Basildon AC	20	12				32

Veteran Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Chelmsford Athletics Club	1	1				2
2	Grange Farm & Dunmow Runners	4	2				6
3	Colchester Harriers AC	6	3				9

3	Leigh-on-Sea Striders	5	4				9
3	Orion Harriers	3	6				9
6	Loughton AC	2	9				11
7	Billericay Striders	9	5				14
8	Pitsea RC	10	10				20
8	City of Southend On Sea AC	7	13				20
10	Springfield Striders RC	14	8				22
10	Phoenix Striders	8	14				22
12	Brentwood Running Club	11	12				23
13	Halstead RRC	17	7				24
14	Mid Essex Casuals	16	11				27
14	Ilford AC	12	15				27
16	South Woodham Runners	13	16				29
17	Harlow Running and Tri Club	15	21				36
18	Benfleet RC	20	17				37
18	Dagenham 88 Runners	19	18				37
20	Havering Athletic Club	18	22				40
21	Brentwood Beagles Athletics Club	21	20				41
22	Colchester & Tendring AC	25	23				48
22	Tiptree Road Runners	24	24				48
22	Thurrock Harriers	22	26				48
25	Hockley Trail Runners	30	19				49
26	Castle Point Joggers	26	25				51
27	Braintree & District AC	23	30				53
28	Ease Essex Tri Club	27	30				57

U13 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	SS Athletics	1	1				2
2	Havering Athletic Club	2	2				4
3	Chelmsford Athletics Club	3	3				6
4	Basildon AC	5	4				9
5	Brentwood Beagles Athletics Club	4	6				10
6	Colchester & Tendring AC	8	5				13
7	Harlow AC	6	8				14
8	Colchester Harriers AC	9	7				16
8	Ilford AC	7	9				16
10	Thurrock Harriers	20	10				30

U15 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Basildon AC	1	1				2
2	Brentwood Beagles Athletics Club	2	3				5
3	Colchester Harriers AC	7	2				9
3	City of Southend On Sea AC	4	5				9
3	Chelmsford Athletics Club	3	6				9

6	Havering Athletic Club	6	4				10
7	Harlow AC	5	8				13
8	Benfleet RC	8	9				17
9	Colchester & Tendring AC	11	7				18
10	Ilford AC	9	11				20
11	West Suffolk AC	20	10				30
11	SS Athletics	10	20				30
13	Billericay Striders	20	12				32
13	Castle Point Joggers	12	20				32
15	Braintree & District AC	20	13				33
15	Loughton AC	13	20				33
17	Orion Harriers	14	20				34

U17 Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Basildon AC	2	1				3
2	Ilford AC	5	2				7
3	Harlow AC	4	5				9
3	Chelmsford Athletics Club	1	8				9
5	Colchester & Tendring AC	6	4				10
6	Colchester Harriers AC	8	3				11
7	West Suffolk AC	7	7				14
8	Havering Athletic Club	9	6				15
9	Braintree & District AC	11	9				20
10	City of Southend On Sea AC	12	11				23
10	Brentwood Beagles Athletics Club	3	20				23
12	Witham RC	20	10				30
12	Loughton AC	10	20				30
14	Orion Harriers	13	20				33

Senior Men (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	City of Southend On Sea AC	1	1				2
2	Havering Athletic Club	2	2				4
3	Orion Harriers	3	4				7
4	Colchester Harriers AC	6	3				9
5	Leigh-on-Sea Striders	5	5				10
6	Thurrock Harriers	4	8				12
7	Ilford AC	9	6				15
7	Springfield Striders RC	8	7				15
9	Grange Farm & Dunmow Runners	7	9				16
10	Braintree & District AC	12	10				22
10	South Woodham Runners	11	11				22
10	Pitsea RC	10	12				22

Senior Men (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Chelmsford Athletics Club	1	1				2
2	Billericay Striders	3	2				5
3	Benfleet RC	5	3				8
4	Phoenix Striders	7	4				11
5	Loughton AC	6	6				12
5	Brentwood Beagles Athletics Club	2	10				12
7	Colchester & Tendring AC	8	5				13
8	Basildon AC	10	7				17
8	Dagenham 88 Runners	4	13				17
10	Mid Essex Casuals	13	8				21
11	Tiptree Road Runners	12	12				24
12	Halstead RRC	11	14				25
13	Hockley Trail Runners	17	9				26
13	Castle Point Joggers	15	11				26
13	Brentwood Running Club	9	17				26
16	Harlow Running and Tri Club	16	15				31
17	Daws Heath Harriers	20	16				36
18	Harlow AC	20	18				38
19	Witham Running Club	14	25				39
19	Great Bentley Running Club	20	19				39

Veteran Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering Athletic Club	1	1				2
2	Orion Harriers	3	2				5
3	Colchester Harriers AC	6	3				9
3	Leigh-on-Sea Striders	5	4				9
5	Springfield Striders RC	2	8				10
6	Ilford AC	7	5				12
7	City of Southend On Sea AC	4	9				13
8	Grange Farm & Dunmow Runners	9	6				15
8	Billericay Striders	8	7				15
10	Thurrock Harriers	13	10				23
10	Pitsea RC	10	13				23
12	Loughton AC	12	12				24
13	Chelmsford Athletics Club	17	11				28
13	South Woodham Runners	14	14				28
15	Benfleet RC	11	19				30
16	Mid Essex Casuals	19	16				35
17	Tiptree Road Runners	15	22				37
18	Dagenham 88 Runners	16	23				39
19	Colchester & Tendring AC	22	18				40
19	Basildon AC	20	20				40
21	Phoenix Striders	28	15				43
21	Hockley Trail Runners	26	17				43
23	Harlow Running and Tri Club	18	28				46
24	Brentwood Beagles Athletics Club	23	25				48

25	Halstead RRC	25	24				49
26	Castle Point Joggers	29	21				50
26	Brentwood Running Club	21	29				50
28	Braintree & District AC	27	27				54
28	JBR Run and Tri	24	30				54
30	Daws Heath Harriers	30	26				56
31	Great Bentley Running Club	30	30				60