
Park Run - Weekend of 12 October 2024

Norwich parkrun

106	Luke RANDALL	22:24
-----	--------------	-------

Southend parkrun

13	Andrew COOMBES	21:11
----	----------------	-------

15	Nacho FERNANDEZ	21:21
----	-----------------	-------

Southwark parkrun

335	Ruby MUFFETT	28:22
-----	--------------	-------

Chalkwell Beach parkrun

49	Olivia ATKINSON	22:55
----	-----------------	-------

149	Chris BLACKABEE	27:29
-----	-----------------	-------

237	Claire VICTORY	30:57
-----	----------------	-------