
Park Run - Weekend of 16 November 2024

Southend parkrun

3	Oliver DOBKIN	19:24
79	Melanie LING	27:04
87	Keith PALMER	27:30
211	Nacho FERNANDEZ	41:47

Chelmsford Central parkrun

177	Isaac DODD	23:49
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Hockley Woods parkrun

26	Richard LEWIS	24:07
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Chalkwell Beach parkrun

4	Stephen KIRSH	17:56
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Markshall Estate parkrun

107	Deborah HILL	29:31
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Pavilion Gardens parkrun

38	Jonathan KERRIDGE	22:34
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